



MEMORIES FROM THE HEART

Advancement



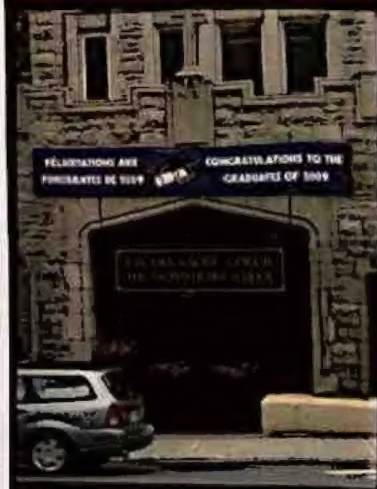
SACRED II



THE CITY



SACRED IN THE CITY



3635 Atwater Avenue
Montreal, Québec
H3H 1Y4

Administrators' Messages



To the Class of 2009,

Five years ago the class of 2009 entered Sacred Heart as one of the largest Secondary I classes in the recent history of our school.

During this year's teacher appreciation week, Student Council Vice President, Michelle Zakem, summed up the thoughts of many when she said: "This place is so special, most of us don't want to leave, even though we know we have to. We've all shared memorable moments: moments of joy, moments of sorrow, moments where we haven't always made the best choices, awkward moments and moments we will never forget."

As you turn this page in your lives, you will be leaving the caring protection and well-ordered liberty of the Sacred Heart experience. You will enter a time in your lives when making "the best choices" requires a resolute and thoughtful independence of mind. I am confident that each and every one of you will strive to do your very best in whatever you choose to do. Seek to give something back to society. Show kindness and always try to improve the world in which you live. Use your gifts wisely and develop your unique potential. Remember that you have made lasting friendships at Sacred Heart and wherever you go, or whatever you do, those bonds will always be there.

As we strive to overcome the challenges that face us, let us pray for a return to peace and goodwill among the peoples of our world. Let's look forward with energy and optimism to a secure and prosperous future. Above all, let's remember that life is not a journey we make alone. It is one we make together in faith and in hope, supporting each other along the way.

*Elaine Brooks
Headmistress*



Dear Class of 2009,

Whenever you look back on the time you spent at Sacred Heart, your memories will be a collection of discrete moments – some shining with success; some clouded by self-doubt, sadness or uncertainty; but most filled with the recollection of friendships, exciting discoveries and the growth of self-knowledge. My wish for each of you is simple: that wherever you go, whatever you do in life, the choices you make will be those that inspire you to be the finest person you can be.

*Jean Filipovich
Assistant Headmistress*

Five years ago you walked through the Penfield doors as little girls searching to find your place as Sacred Heart students. During your Secondary I Retreat your theme was "we are family." We tried to teach you that we are all in this together. In Secondary II we attempted to show you that the power of God is found through the actions of ordinary people living ordinary lives and, a year later, in Secondary III we reminded you that you really are a Miracle and that the image of God is yours to reflect. Last year the theme was your Life as a House. I hope that you will build your lives wisely using love as your cornerstone, with truth and justice as your construction materials. This year the theme was the Power of One. You can and do make a positive difference in the lives of many people. As you prepare to leave our wonderful school, I wish you a bright future filled with health, happiness and laughter. Remember that you will always be a Sacred Heart Girl and that "being who you are is the privilege of a lifetime" (Joseph Campbell).

Joanne Mastro, Dean of Students



Dear Graduating Class of 2009,

When you leave the Sacred Heart School of Montreal, don't ever forget why you came. You are educated. Your certification is in your diploma. You may think of it as a ticket to a good life. Let me ask you to think of the alternative. I invite all graduates to think of it as a ticket to change the world. To the Class of 2009, I wish you well. It is one for the money, two for the show, three to get ready and four to go. Run, run and good luck.

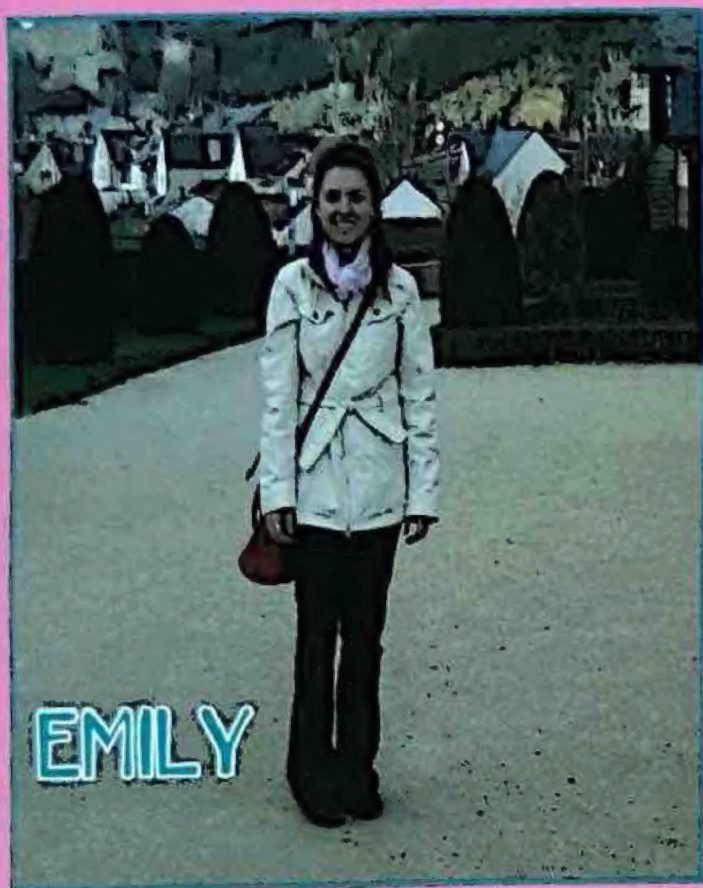
*Paul Magallanes
Director of Finance and Facilities*



Five years ago, as you entered here, all of your Sacred Heart experiences awaited you. Now with your high school years completed, you leave things and people behind – your teachers, teams, coaches, Dashabustadd, Christmas wishes, and little sisters, to name a few – in addition to our memories of each of you. And as you leave, you take with you knowledge, lessons learned, friendships, manners, poise, a sense of independence, confidence, sisterhood experiences, and successes at Sacred Heart upon which to build. With foundations well established, it is time to move on – to think critically, enjoy fully, plan well, build solidly, experience broadly, pursue enthusiastically, commit with all of your heart, and reflect wisely. And always feel welcome to return.

*Colleen Bronson
Director of Advancement and Alumnae Affairs*





EMILY

QUEEN

After countless hours of ranting, laughing (then crying), singing, crown wearing, chasing teachers and students, picture taking and of course, Facebook creeping, we somehow managed to finish an entire Memory Book. To Alessia, you are the "Ale" to my "mily". Had it not been for your craziness, organization and love, I would be completely lost. To Ms. Hamilton, I am very glad that we got to tackle this big project together. Your enthusiasm and support are what kept me going this year. To Pauline, our third musketeer, we could not have tackled this without your help and hard work. Editors, you girls helped bring a little piece of everyone into this book. To Ms. Lessey, although we only spent a few months together, you taught me all that I needed to know about yearbooks and I will always be grateful for all the "good times". Graduates, I hope you look back on this Memory Book and laugh at all of the crazy things we did this year. I will miss you all; best of luck!

Queen Emily -xoxo-



Queen
Alemily
with her
advisors!

OUR MINIONS...Thanks to our photographers: Alex Lewycky, Christ



Angelina Smolynec
Sec II Class Editor



Kristen Di Perno
Sec III Class Editor



Adrianne Silva
Sec III Class Editor

ALEMILY

"There are some things you cannot go through without ending up liking each other, and battling a twelve-foot mountain troll is one of them." - J.K. Rowling. Wow! Em, if Memory Book isn't a mountain troll, I don't know what is! What can I say? We did it! Through many late nights and long days of staring at the computer, asking "How are we going finish?", we have completed what I hope is something each and every grad of '09 will cherish forever. I have many people to thank. Em, you are the reason that the window in the memory book room doesn't have an Alessia-sized hole in it. Ms. Hamilton & Ms. Lessey, I owe you my sanity... well, whatever's left of it! To all our editors, thank you for all your hard work and dedication. Pauline, I have no idea what I would have done without you this year. Thank you all for everything. Students and teachers, enjoy our baby. Grads of '09, this is for you; never forget these years. I'll miss you girls! KISSES! Queen Alessia



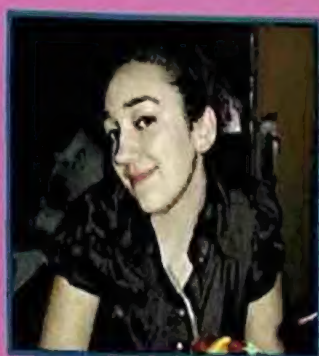
Thank you
Ms. Hamilton
and
Ms. Lessey!



Paolucci, Victoria Perotta, Luana Zapitelli, Jessica Munro, Alison Barwick



Elena Motivans
Sec V Class Editor



Pauline Belliveau
Student Life Editor



Sarah Benoit
Sports Editor

Prefects 2008-2009

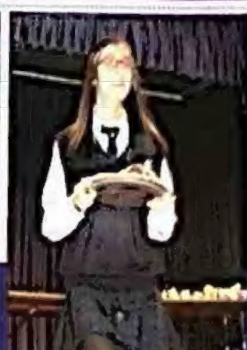
Welcome to Hollywood! This year, our prefects became movie stars. Strutting their stuff on stage with their wonderful FIGA skits, they stole the show and gave a command performance. Through entertaining costumes, crazy personas and one spectacular scooter, the prefects 2008-2009 were always there to make our day!



**WE HAVE THE
SAME WINGS
ANGELS FLY WITH**



Amanda Arella,
President



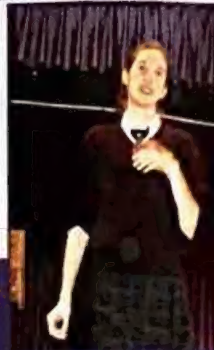
Michelle Zakem,
Vice-President



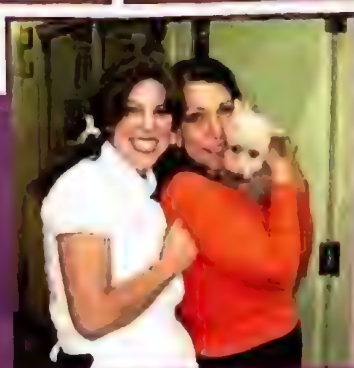
Ashley Grace
Farthing,
Secretary/
Treasurer



Rebecca Catellier and Elizabeth M
Donald, G.A.A. Co-Presidents



Teacher's Candid's



Faculty and



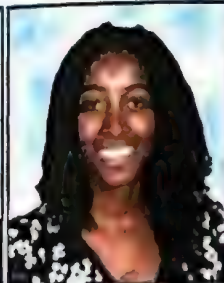
Lisa Arella



Nadim Bahou



Julian Beauvais



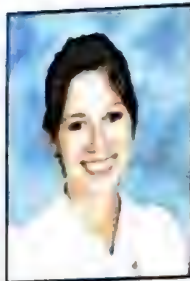
Nathalie Belfort



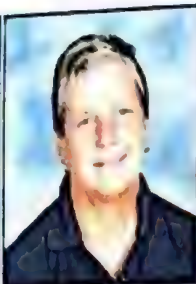
Tino Bordonaro



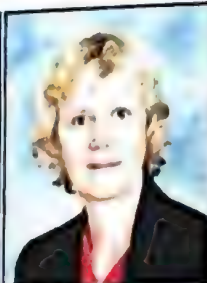
Iveth Bosmediana



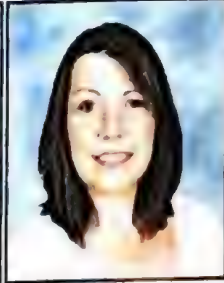
Amanda Cardillo



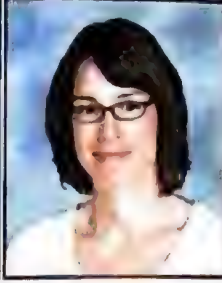
Dawn Cumming



Christiane
de Sainte Marie



Nina Di Palma



Christie Dyer



John Filipe



JosÉ Filipe



Angelo Gallo



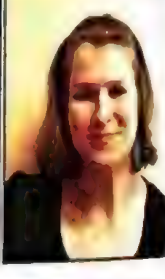
Mary Gendron



Greg Griffin



Yvon Guilbault



Kim Hamilton



Miriam Hartopp



Peter Judson



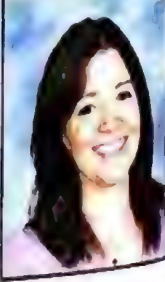
Alexandre Kotchetov



Fran Lakatos



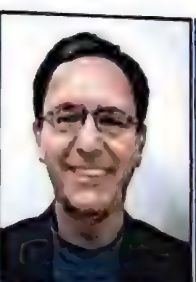
Martin Laperle



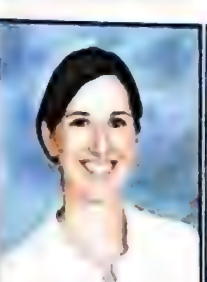
Marie-Elaine Laquerre



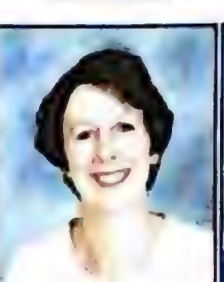
Danielle Lecuyer



Joe Lukaitis



April MacIntosh



Joan MacLellan



Roxanne Martel



Randolph Matushko

Sec
I

Sec
II

Sec
III

Staff 2008-2009



Gisela McIvor



Josephte McNamara



Louise Morrisseau



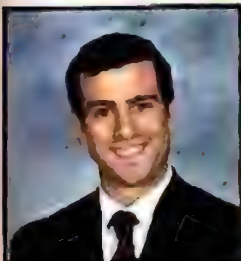
Martin PagÉ



HÉlène Pagette



Maureen Pennell



Robert Piazza



Patricia Potter



Antoinette Raco



David Reda



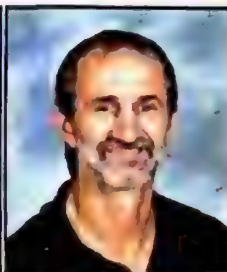
LaÓla Sallak



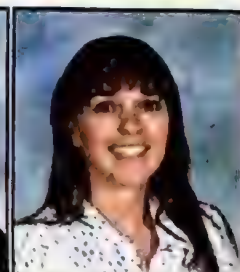
Sandrine Schreiner



Heather Seeger



Gediminas
Snapkauskas



Marie-Josée Talbot



Draicchio Tommaso



Mr Gallo:

Q: What's it like having a family restaurant in Montreal?

A: Well, there's no separation between family and the business. Some-

times it can be really busy and it is like Gordon Ramsay's (Hell's Kitchen) show. But you do develop good people skills and learn good quality work.

Ms Hamilton:

Q: What are your 'Montreal favourites'?

A: I adore visiting the Old Port in the summer, and throughout the Christmas season I love the lights on McGill College. Oh! And I love going to see Shakespeare in the Park! It's so much fun and a great

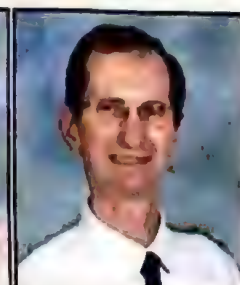
night out with family. My husband and I often bring picnics; it's actually where our parents first met!



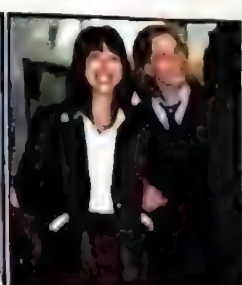
Eric Van der Wee



Rosemary Vauphas



Peter Ward



Lunch Staff



**Goal
Graduation**

Academics

Sacred Heart is always a busy school; with SSUN



YPI Winners 2009:

1st Place:

Maison Marguerite: Sarah Benoit, Taylor Gormley, Alison Barwick, Emily Perry

2nd Place:

Auberge Transition: Jenna Albanese, Caitlin Kilmartin, Cassandra Kouremenos, Cynthia Snell

3rd Place:

Head and Hands: Pauline Belliveau, Jessica Munro, Natasha Vitale, Claudia Loffredo

4th Place:

Herstreet: Marlena D'Ambrosio, Stephanie Bordonaro, Gabrielle Colacci

VPI and so much else, there is no time for a break!



FACULTY SCHOLARS:

Alexandra Alacchi, Amanda Arella, Maya Botti, Rebecca Catellier, Katherine Chamandy, Morgana Clarke, Alessia Di Giorgio, Nadia Floriani, Fabiana Ghaleb, Katie Kotar, Chelsea Thompson-Quartz, Hanieh Zargham

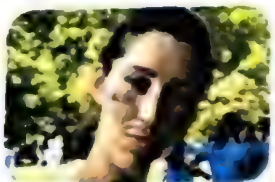
Teacher: Mr Judson

SSUNS: Gabriella Michetti, Melissa Spatolisano, Emily Perry, Alexandra Snell, Christina Paolucci, Bianca Ripolo, Dalia Sabra, Cynthia Snell, Kyrsten Coughlin, Amanda Arella, Stephanie Christodouloupoulos, Alessia Di Giorgio, Cassandra Kouremenos, Nadia Kanji, Alexandra Lewyckyj

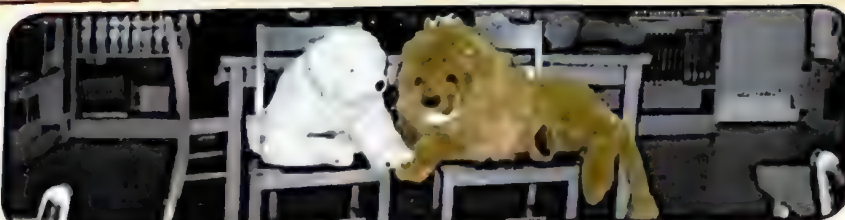


Teachers: Mr Gallo, Mr Beauvais

BARAT



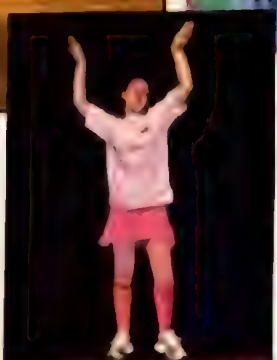
House Head: Nina Toia
Mascot: Morty the Bear
Co-Captains: Pauline Belliveau, Julijana Benc
G.A.A. Representatives: Lauren Goforth, Amanda Hindley, Jessica Sicoli



DIGBY



House Head: Stephanie Christodouloupoulos
Mascot: Leo the Lion
Co-Captains: Cassandra Kouremenos, Katherine Athanasopoulos
G.A.A. Representatives: Cassidy Burke, Laura Delucilla, Alison Barwick



DUCHESNE



House Head: Katie Kotar
Mascot: Rose the Ladybug
Co-Captains: Gabriella Michetti, Alexandra Cerulli-Kanellopoulos
G.A.A. Representatives: Christine Horonowitsch, Alexia Mitchell



droussier

House Head: Nadia Kanji
Mascot: Honey the Bee
Co-Captains: Sarah Benoit, Leia Pengelley
G.A.A. Representatives: Kela Chamandy-Cook, Cailin Martin

HARDEY



House Head: Erin Brown-Vandecruys
 Mascot: Henrietta the Monkey
 Co-Captains: Chelsea Russo, Taylor Wright-Connors
 G.A.A. Representatives: Kristen Di Perno, Michelle Saikali,
 Kathleen Brown-Vandecruys



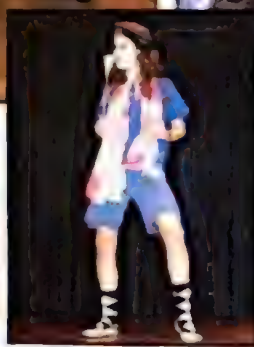
SHELDON



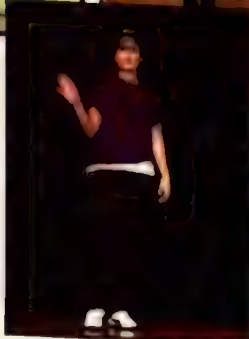
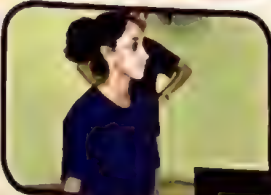
Mascot: Mr. Green Jeans the Turtle
 Co-Captains: Jessica Munro, Kathleen Paradis, Ashlan Phillips
 G.A.A. Representatives: Meagan Coleman, Morgana Clarke



STUART



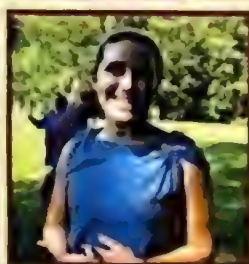
House Head: Kelly Guy
 Mascot: Dylan the Dolphin
 Co-Captains: Christina Paolucci
 G.A.A. Representatives: Kathleen Dicaprio, Stephanie Rafie,
 Lauren Farmer



TRINCANO

House Head: Jessica Lauren Sadko
 Mascot: Casie the Cow
 Co-Captains: Joanna Santos, Alexandra Alacchi
 G.A.A. Representatives: Melanie Sivapalan, Kyrstin Coughlin

Sports Day



Sheldon

First Place

Trincano

Second Place

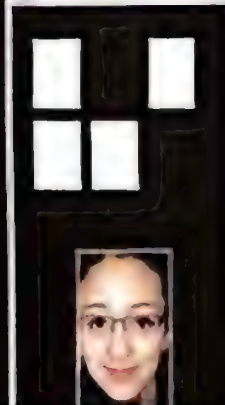
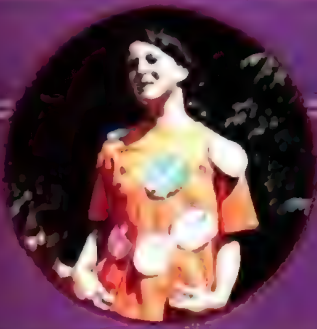
**Hardey
duRousier**

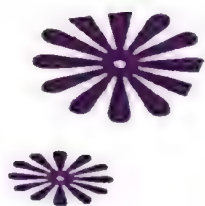
Barat
Third Place

Barat

Spirit Award

Undergrads





SECONDARY I'S

Class of 2014

Victoria Alescio
Sarah Anne Atallah
Kaia'tizio Barnes
Lauren Beauchamp
Claudia Belliveau
Olivia Bouskill



Alice Brais
AdÈle Brawley
Kayla Cabanas
Aysha Carriero
Gabriella Caruso
Evelyn Chadwick



Caroline Chamandy
Valeria Cori-Manocchio
Catherine D'Ambrosio
Stephanie D'Arienzo
Jessica Delucilla
Dominique Di Caprio

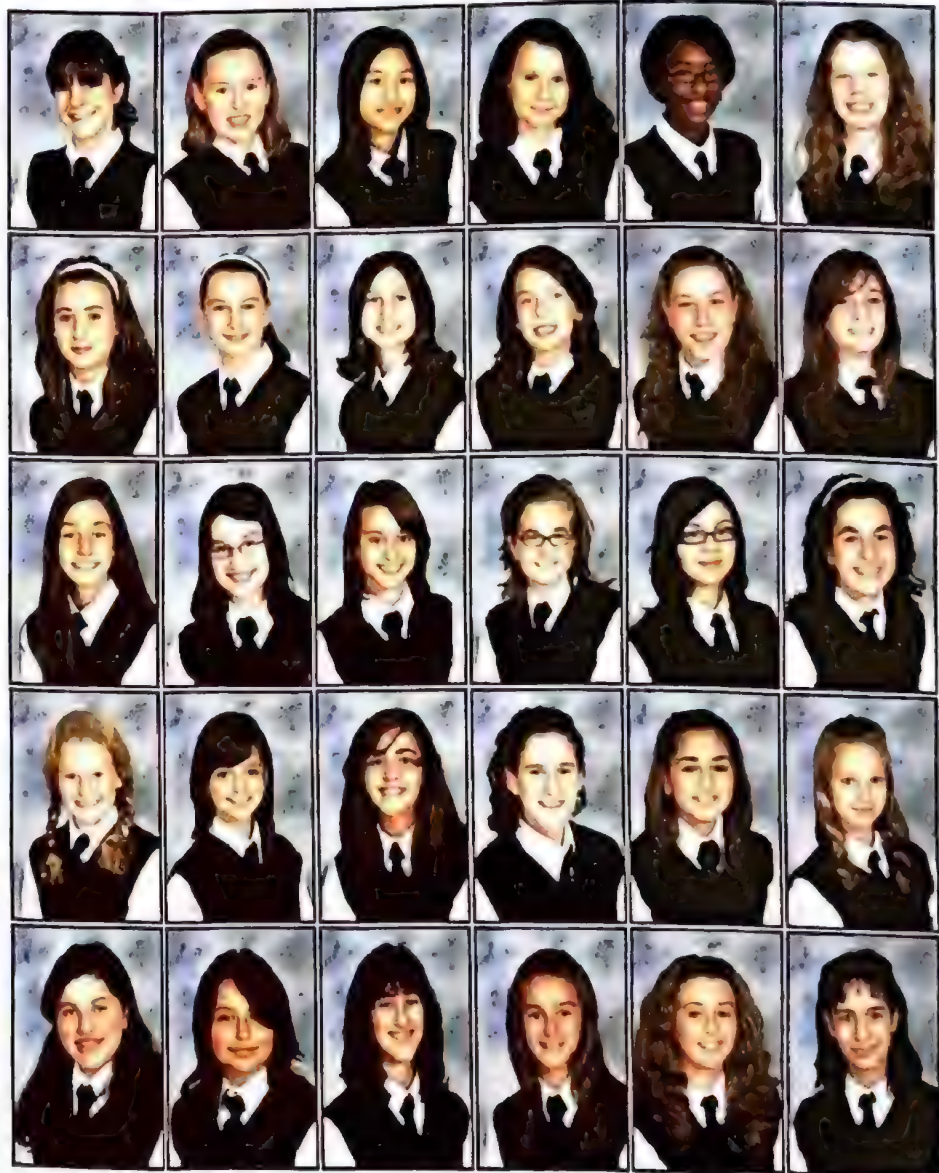
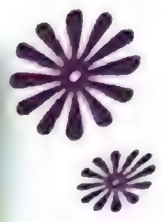


Emily Dikranian
Gabriella D'Onofrio
Katherine Drummond
Karyah-Kassandra Foster
Alexandra Gentile
Lisa-Marie Giorgio



Leona Claudemans
Honey Griffin
Sarah Harris-Gendron
Maris Jacobs
Pamela Khouri
Georgia Kyres





Jessica Laurendeau
Charlotte Le Fèvre
Vivian Luong
Amanda Manno
Kimberley Marks-Beaubrun
Sofia Massari

Adrianna Mauchan
Kelly McCulloch
Catherine McDonald
Julia Messina
Kayleigh Metcalfe
Claudia Naccache

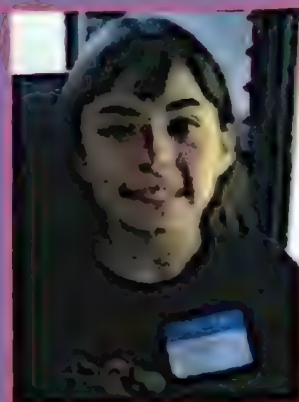
Jennifer Osborne
Esmé Panarello
Maria Papadopoulos
Alicia Pinck
Adriana Poloni
Sara Pulice

Brigid Roberts
Rachel Rubbo
Stefany Sacchetti
Monica Sapala
Athanasia Savolidis
Larissa Serafin

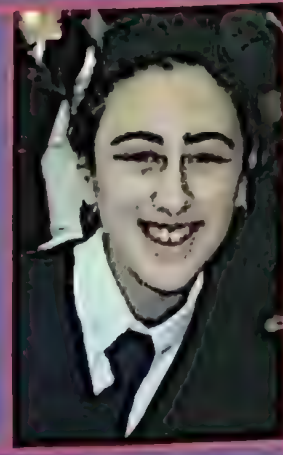
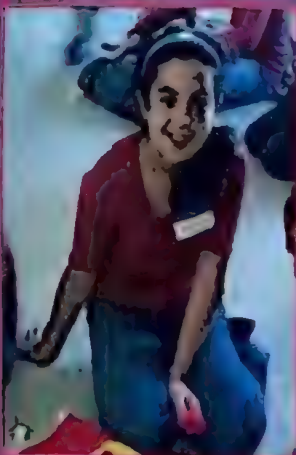
Sara Tagliamonti
Maya Taylor-Barnett
Aphrodite Vassiliou
Angie Vlogiannitis
Norah Woodcock
Myriam Zakaib







Secondary I Candid



Secondary II



Jessica Abreu-Moore
Amanda Alessa
Kiana Araujo
Isabella Araujo
Jennifer Baldino
Jennifer Baratang Junior
Alexa Bedik



Maya Both
Stephanie Cabanas
Sarah Camacho
Sarah Camero
Katherine Chamandy
Jacqueline Cicciocioppo
Gabriella Courey



Sophie Cruvellier
Olivia D'Ambrosio
Alessia De Petris
Diana Di Paolo
Claudia Amanda
Di Salvatore
Katricea Durham
Alexa Eberle

Alissa Fiorito
Mireille Forget
Erika Gentile
Isabella Girardi
Ashley Hagen
Mannah Hyde-De Sousa
Cassandra Jones



Thea Koper
Elena Kratsios
Emily Kyte
Emma Kyte
Elyana Lafrance
Amanda Larosa
Candice Law

Rebecca Lefebvre
Melissa Likorav
Pamela Mannarino
Sara Mannarino
Michelle Mariani
Olivia Mariani
Lauren Maruya-Li

Castlin Matthew
Alevina McLeod
Victoria Mili
Bethany Mount
Sarah Murphy
Jenna Novosad
Emma Pailay



CLASS OF 2012



Victoria Perrotta
Mama Power
Mamma Prezioso
Jasmine Rach
Desdra Robertson Chase
Jewella Rumbaugh
Hannah Ryan
Pranavy Sankararam

Claudia Salvo
Lauren Samo
Victoria Sarker
Christina Scalia
Katherine Mary Skotarczak
Angelina Smolyanec
Erica Starano
Kylie Sura

Georgia Thernault
Nicole Tienari
Joanna Twiss
Alexia Tummllo
Sarah Turcotte
Laurie Verweil
Nina Zampogna

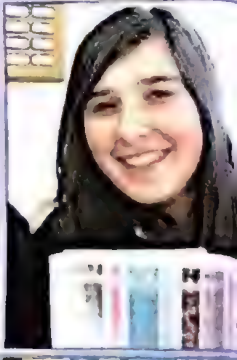
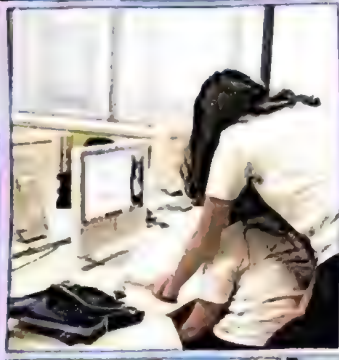
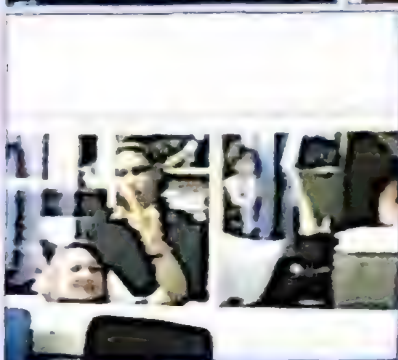
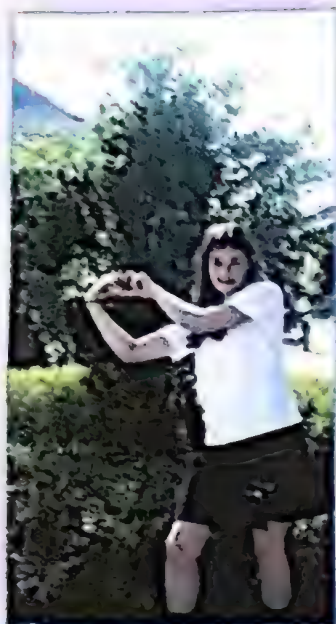


We love Mme Schreiner!

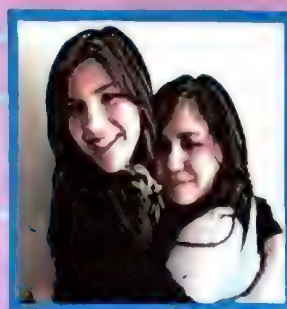
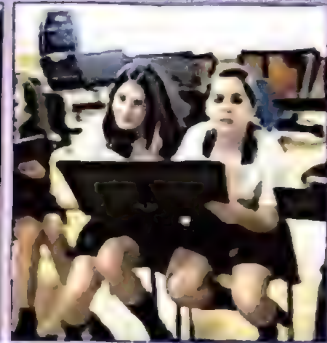
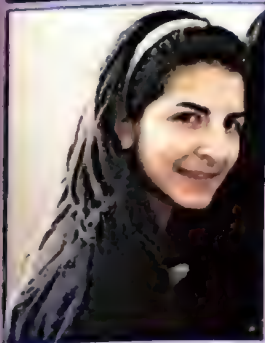


Fun at the mountain





Secondary II Candids



Secondary II Candids

SECONDARY III

Carolina Alarcon
Andrea Angelini
Kenzia Araujo
Aline Asfour
Amanda Atallah

Deborah Athanasopoulos
Alexandra Bergeron
Liana Beyukian
Sarah Botting-Provost
Victoria Brand

Kathleen Brown-Vandecruys
Gabrielle Bucaya
Elizabeth Bureau
Cassidy Burke
Christina Caccese

Kela Chamandy-Cook
Meagan Coleman
Allison Coull
Ivana De Lauri
Sara-Chanel Del Papa

Laura Delucilla
Julia De Petrillo
Eleni Diacoumacos
Kathleen Dicaprio
Cristina Di Censo

Elisabeth Dimitratos
Kristen Di Perno
Nadia Floriani
Kimberly Fontes
Clémence Forget

Leeza Girolami
Lauren Goforth
Laura Griffin
Teresa Griffin
Amanda Hindley





CLASSES OF 2011



Christine Horonowitsch
Bernice Law
Rachel Levesque
Claudia Lucente
Elle Malon



Elie Manousakis
Julia Martignetti
Claire Messenger
Vanessa Minicozzi-Capozzolo
Carly Molinaro



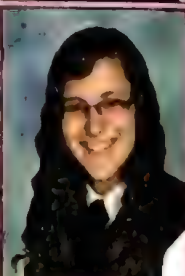
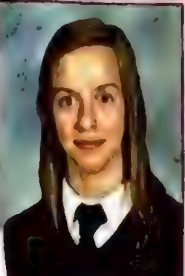
Natanya Momesso
Pascale Nguyen
Amanda Paliotti
Talia Paquet
Denise Pehlivanian



Amanda Petropoulos
Emily Pimentel
Katarina Popovic
Stephanie Ra e
Sarah Reusch

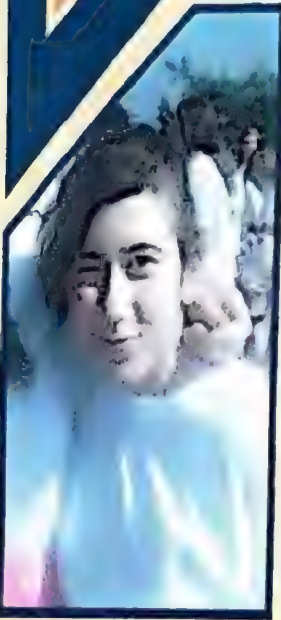
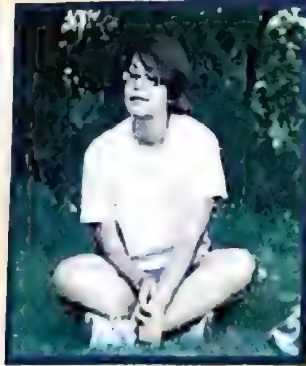
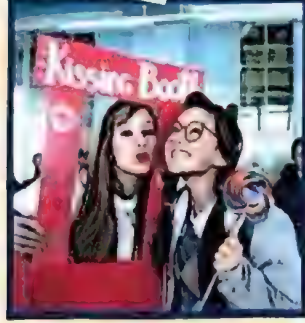


Melanie Romer
Adrienne Silva
Melanie Sivapalan
Chloe Sorella
Chelsea Thompson Quartz



Stephania Trocchia
Martina Valentim
Kayla Vecera
Despina Xanthoudakis
Sarah Yaremko

Secondary III



Candid



Andrea Abreu-Moore
Jenna Albanese
Lisa Alinauskas
Sarah Attardo
Alison Barwick

Pauline Belliveau
Sarah Benoit
Sarah Berretta
Stephanie Bordonaro

Anna Cammisano
Julia Chadwick
Morgana Clarke
Gabrielle Colacci
Jessica Colavincenzo
Amanda Cordeiro
Kyrstin Coughlin

Stefanie Covello
Marlena D'Ambrosio

Genoveva
Diaz Alvarez de Toledo
Angela Di Benedetto

Vanessa Di Pasquale
Victoria Di Valerio
Maria Loren Eberle
Kristina Fryml
Elizabeth Gagnon Rivet
Elyssa Gentile
Sharleen Gomez Motter

Taylor Gormley
Maria Inoue

Ruptha Isadurai
Amanda Jeanson
Joy Kalafatis
Tatiana Kalarizis
Caitlin Kilmartin



Secondary IV Class of 2010

One more year...

Even Alex (IVA)
doesn't want to
leave!

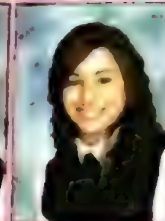
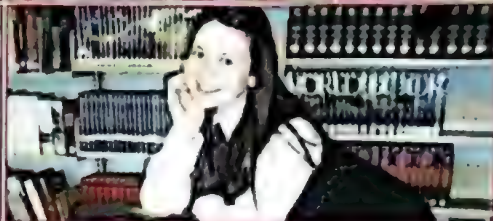
VC: The Movers



Christina Kontaxis
Cassandra Kouremenos
Maria Kyres
Natasha La Rosa



Alexandra Laurendeau
Vanessa Liakopoulos
Claudia Loffredo
Marie-Hélène Mars
Corina Micheletti
Gabriella Michetti
Alexia Mitchell



Jessica Munro
Clare O'Donnell
Kathleen O'Keefe
Vanessa Paliotti



Eleni Panaritis
Kelsey-Hope Patrick
Emily Perry
Laura Predan-Chauvin
Claudia Pulice
Aliyah Rahman
Melina Randisi



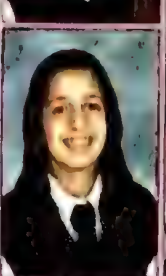
Bianca Ripolo
Teresa-Maria Rossignuolo
Chelsea Russo
Vyisnavy Sabaratnam
Dalia Sabra
Michelle Saikali
Soraya Sanchez-Dias



Jessica Santillo
Joanna Santos
Jessica Sicoli
Alexandra Snell
Cynthia Snell



Melissa Spatolisano
Taylor Teodori
Marie-Christine Tiramani

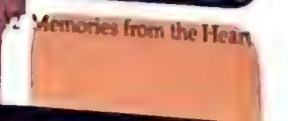
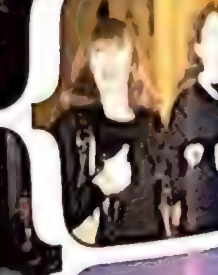
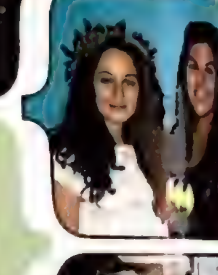


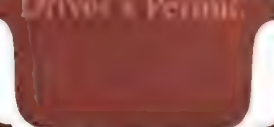
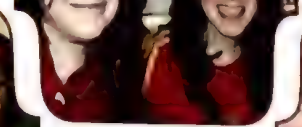
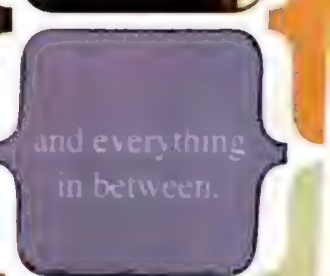
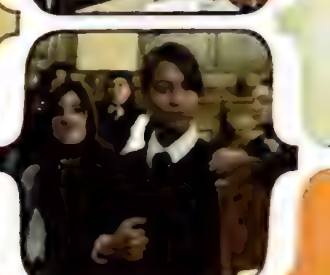
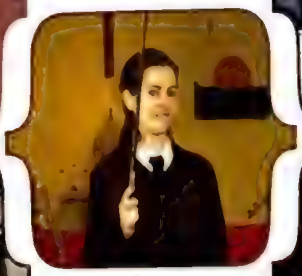
Esme Toussaint
Georgia Tsotas
Natasha Vitale
Carolynn Warnet
Luana Zappitelli

Memories.

"We all have them, some good, some bad. They belong to us and no one can take them away. Some are fun and some hurt, but there is one thing they all do. They teach us; they help us grow into the women we want to be. As we grow older, we acquire more and more of them. The only thing that is certain is that when we look back on the memories we made this year, we will smile."

- Pauline Belliveau





**"Many people will come in and out
of your life, but only true friends
will leave footprints on your
heart." - Eleanor Roosevelt**



Graduates of 2009: Stepping Out in Style



Graduates 2009

Sofia Afonso



Finally, we made it! I thought this day would only bring us happiness but it also brings some tears as we say goodbye. It has been a wonderful five years filled with many memories. Congratulations!

MLT: still do everything last minute and always be late.

Alexandra Alacchi

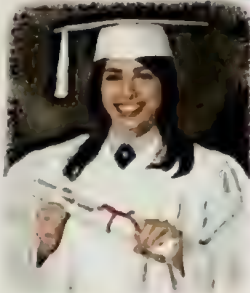


Who needs boys when you have girls? Thanks to my family for the love and support. B-Side NT xoxo, AC laughs, JC forever & ever, ED summers, LB JH CR FG, my ladies, and all of you. The sky is the limit. Grads '09, I love you! We did it! God bless.

MLT: paint the White House black when it becomes her residence.

Amanda Arella

Congratulations Class of '09! Through the good, the bad, the laughter and tears, we've finally made it. It's been a wonderful five years, and I will cherish the memories forever. Thank you to my family for supporting me, my teachers for challenging me, and my friends for making it all worthwhile. CATS-MANEK, prefects, grads: I love you all!



MLT: write, direct, and star in an award-winning musical about her love for outerwear, and then travel the world in search of the perfect pair of earmuffs.

Katherine Athanasopoulos



Thank you to Mom, Dad, Deborah and Thomas for all your love and support. CM, NK, JT, AGF, JF, ADG, SC, thanks for making these past five years unforgettable. I love you girls! Congratulations class of '09, WE DID IT!

MLT: show up five minutes late to class and try to convince her friends that she's a rebel.

Julijana Benc



Class of '09! We've been through thick & thin and now we're leaving the walls we've called home for the past 5 years. UN= love; I'm going to miss you girls the most! Sadly, our time at Sacred has come to an end and we must continue on our way. I love you!

MLT: marry a Montreal Canadiens defenseman and island hop for the rest of her life.

Alexandra Boky

Congratulations Class of '09. We made it! Thanks Mom, Dad and Chris for making me the person I am today. Thanks to all my friends: you know who you are. Lunch table '09, too many memories. What happens in Stratford stays in Stratford. Never forget our Rockland drama. JC, SA, VI, I love you guys.



MLT: use so many volumizing products that her hair falls out.

Graduates 2009

Lia Borsellino



Five years flew by and no regrets. To my habibs, thanks for being simply the best - I love you all to infinity! Mom, Dad, Franco, thanks for putting up with me. B, my other half - Juliatina adventures. Italy '08, what dreams are made of. Grads '09, we did it. Peace out!

MLT: drive to her wedding, write her vows in Arabic and say "Ya, okay" instead of "I Do" at the altar.

Erin Brown-Vandecruys



Over the past 5 years we've created memories that will last a lifetime. We had our ups and downs, but girls of '09, WE DID IT! Thanks Mom, Dad, Kathleen and Brian. To the grads, prefects and CATSMANEK, I LOVE YOU and I'll never forget you.

MLT: make accent days an official part of the Physics curriculum.

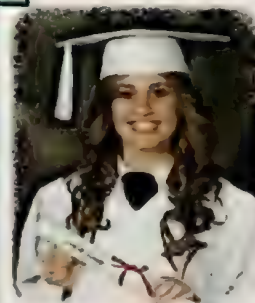
Meredith Burke

It took us a while, but the end is finally here! To all my friends: we've had so many good times and I'll never forget the memories we've made! We will always be the unique grade, partying it up in 401 and causing trouble... I'LL MISS YOU, GRADS '09!



MLT: own a Pad Thai restaurant, with her cat as the logo, and then eat all the inventory.

Amanda Cardillo



Who knew 5 years could fly by so quickly? To my girls, I love you. Thank you for all those crazy, unforgettable memories, but this isn't the end. Grads of '09, what an amazing bunch - I'll miss you. We did it, girls; WE SURVIVED SACRED! Peace out, Sacred; Cardz is OUT!

MLT: annoy Alexandre Despatie into proposing to her and then open a McDonald's together.

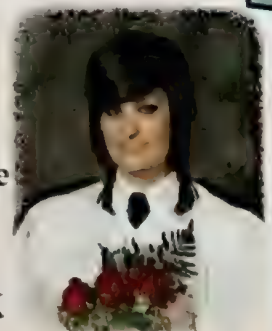
Emilie Caron



Wow, five years... we made it, girls! Words of advice: challenge yourselves, never give up and always stay beautiful! Live your life to the fullest because you can only live it once! "I try never to be stopped by my fears... because I'll tell you what - I'm always scared!"

MLT: apologize for saying sorry and create an *I'm Sorry for Dummies*.

Sandrine Cassis



"School: either you're noticed or left out. There's a time when we all fail; some people take it pretty well, some take it out on themselves, some just take it out on friends. Everybody plays the game and if you don't you're called insane." Thanks for the memories HK FG AL MD JC CDM, parents and siblings, I love you.

MLT: never get her braces off.

Graduates 2009

Rebecca Catellier



Our time has come to an end; thank you for the memories, for the nights that turned into mornings and the friends that turned into family. To my sisters: thanks for being my rocks; love you all. "When you leave here, don't forget why you came."

MLT: send her kids to Boot Camp.

Alex Cerulli-Kanellopoulos



We made it, girls! Friends, family, and teachers: thanks for all the fond memories and support. Remember, to be nobody but yourself in a world that's doing its best to make you somebody else, is to fight the hardest battle imaginable. Never stop fighting.

MLT: buy stock in the Habs to ensure the retirement of Price's jersey.

Camille Chacra

Time has sifted by as we have grown to dazzle and dream beyond these parameters. I will reminisce forevermore. To my gals, I'll love you eternally. Never forget, "I live to laugh, and I laugh to live." -Milton Berle. Long live the best of times. Bisous!



MLT: upstage Celine Dion.

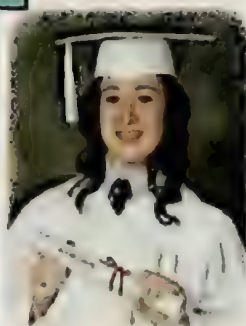
Garima Chopra



Memory is a diary that we carry around with us. Grads, thanks for the amazing memories that I will cherish forever. Ma, Pa, Didi, thanks for your support. UN, thank you for the unforgettable journey I have shared with you. I will miss Sacred so much!

MLT: be in a wheelchair while wearing Manolo Blahniks.

Stephanie Christodouloupoulos



"Don't stop believing, hold on to that feeling." - Journey. Hey ladies, Grads of '09, we laughed, we cried, we bonded and now it's all DONE! Oh, the memories! Thanks Mom, Dad and everyone responsible for everything. Love and good times = my friends! Good luck! Je t'aime!

MLT: show up late to the Greek wedding she planned the night before and Irish dance.

Bianca Cirillo

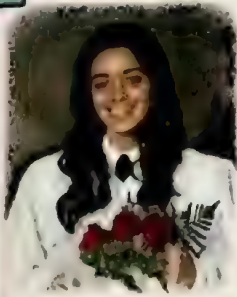


We did it! Thank you Mom, Dad & everyone who supported me! LB - the sister I never had, CN - me and you forever. CR, AK, JH, JC, AA, VL - I love you! Italy '08, what dreams are made of! Grads '09, it's finally our time to fly! LIFE IS BEAUTIFUL.

MLT: go through CEGEP and university without doing gym class because of her bottom problem.

Graduates 2009

Jessye Correia



WE'RE OUT! Lunch Table '09, I love you girls. Mom, Dad & siblings (tagteam), thanks for your support, I love you. Orly, my strength. ACA LB AK BC CR JH NT RC SC AC, I love you all to death. Now girlies, step out of your docs and into the real world. Sacred, I'm out!

MLT: buy a block in St-Leonard, with her 6 kids, and have their first words be "Me I bro".

Samantha Côté



Five years already! All my friends, you are amazing. Lunch Table '09, so many memories. LF, JP, MZ, you girls are like sisters to me. Family, thanks for the support. Grads of '09, I'll miss you all!

MLT: have a heart attack because someone saw her with her natural hair.

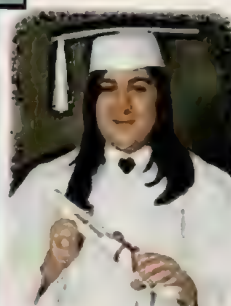
Julie Cruvellier

The Parable of the Hidden Treasure
"The Kingdom of heaven is like this. A man happens to find a treasure hidden in a field. He covers it up again, and is so happy that he goes and sells everything he has, and then goes back and buys that field."



MLT: never submit a MLT.

Cassandra D'Amico Mazza



Will someone please tell me where the last 5 years have gone? It was the time of my life and it went by too fast. I would like to thank each of you grads of '09 for making these past 5 years the best of my life! I love you all, good luck and congrats!

MLT: be a famous director, then pull a Schwarzenegger and become Prime Minister of Canada.

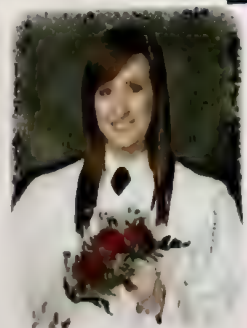
Emily David



Seriously, it's over? 5 years are impossible to put into so few words. I'll always cherish the memories. Lightsabers, running through Rome, the leash. You know who you are: I love you guys. "Everywhere you go there are people that love you."-CA

MLT: change the world just like Napoleon.

Natalie Davis



Sacred is an abstract painting; each individual inspires the painter to add a specific touch. No one quite understands the final picture. Now we leave, creating another work of art as we go.

MLT: get fired for singing too much.

Graduates 2009

Alessia De Lauri



The last 5 years were a blast, full of wonderful memories I'll treasure forever. To my family, your help & support has meant a lot. Thanks to all my friends for the good times & best of luck in the future. "Never let the fear of striking out keep you from playing the game." - Anonymous. Congrats grads of '09, we did it!

MLT: to touch her hair so much that she balds before her husband.

Angelika Delormier-Maj



Congratulations, class of '09; we survived five years at Sacred Heart! My time here is up and I'm ready to move on. I'll miss you, my friends; have fun and remember to always laugh. Peace and love.

MLT: be a stunt double for Kristen Stewart in the next *Twilight* movie.

Kimberly Dextras-Romagnino

From basketball to soccer tournaments, making beats to laughing about nothing, the good times to the bad: these have been 5 years full of experiences that will last a lifetime. Thanks to my friends, family and KD. I'll miss you all, and I'll try not to stumble on my way out.



MLT: never hand in her homework on time and still get a Nobel Prize.

Alessia Di Giorgio



We did it! Mom, Dad, Rebecca, thanks for everything. CATSMANEK, la gang, NK KA CM JF PB - you are the loves of my life. Teachers, thank you for always being there. Grads of '09, you are my sisters. I love you, I'll miss you. "Where I go you'll be there with me, Forever you'll be right here with me" - Simple Plan. Tanti Baci!

MLT: include "My love for you is like SOH-CAHTOA" in her wedding vows to her ballet dancer husband, whom she met while becoming dictator of the world.

Carina Di Tomaso

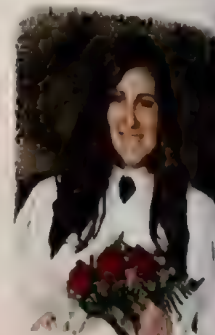


Time's up! School sports, the good & bad times, and the countless funny & random moments I've had are memories I get to look back on. Thank you, family & friends. Liz, thank for being the sister I never had. Leaving Sacred Heart, I'm stepping into a bigger world; maybe I'll grow an inch!

MLT: get kicked out of the army for talking back to her sergeant and say she did nothing wrong.

Melanie D'Itri

Looking back on the past 5 years, I cannot help but smile. To all my loyal friends, words cannot express how lucky I am to have met such amazing friends - SHOOT! "Promise me you'll never forget me, because if I thought you would, I'd never leave." W.T.P.



MLT: exhaust the world's supply of bobby-pins.

Graduates 2009

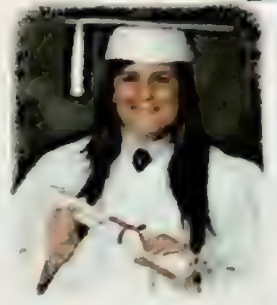
Lauren Farmer



Part of me wants to stay here, yet I am so excited for what the future will bring. Family, thanks for the support. SC, MZ, JP, together since before I can remember; you complete me. To all my other amazing friends, thanks for all the unforgettable memories and laughs. I'll miss you!

MLT: never get full.

Ashley Grace Farthing



Girls, we made it! Five years of ups, downs, tears, and laughter. To my closest friends, Je t'aime suave, chichi, JT, CK, NK, KDR, KA, CM, MD, CC. Family, I love you so much, words cannot express it. Grads of '09 forever. After all, "nobody said it was easy."

MLT: join a Beatles cover band and marry a Paul McCartney look-alike.

Joanna Fragostefanakis

Thank you, Mom, Dad and Steven for all your support; I couldn't have done it without you. Congratulations grads. I love you girls: KA, JT, CM, SO, MO, ADG, AGF and NK: we did it! Kali epitihia koritsia!



MLT: break every bone in her body before the age of twenty.

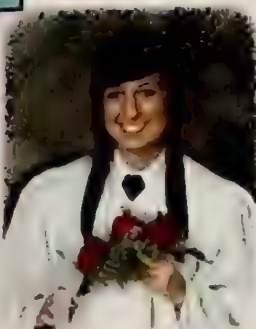
Émilie Fyfe



"True friends are hard to find, difficult to leave & impossible to forget." We always wondered what it would be like to live through the 5 years & graduate. Now we know. We're done! We made it! Now it's just a memory. I love you guys. Live, love & laugh. Peace out xoxo.

MLT: get married and divorced 27 times before she finally realises she's better off single.

Fabiana Ghaleb



Five years of my life were spent inside the walls of a world we created. Behind closed doors was the magic of teenage experience and the deadly hairspray fumes of the people I will always remember. "This is the strangest life I have ever known." -J.M.

MLT: divorce her gino husband for having mayo on the corners of his mouth.

Larysa Golymbiowsky



Ladies, we did it! It's time to hang up our kilts, throw out those docs, and say goodbye to Sacred, but not to the memories. Golyms, thanks for always supporting me. Five for five: MY BFFL'S FOREVER. CONGRATS! WE MADE IT, GRADS '09. Je t'aime.

MLT: move to New York, marry an American Ukrainian and bake her own wedding cake.

Graduates 2009

Kelly Guy



"La vida es una hermosura, hay que vivirla." My chicas: AGF, EH, JLS, MB, ND - I love you, stay fabulous. Grads & Prefects - all the best! Mom, Dad, Nonna, Nonno, Nanny & Poppa - Grazie per tutto. To La - my rock, "las hermanas," cruisin' forever. Peace, Sacred- XOXO

MLT: marry a Latin American heartthrob named Juan Pablo Iglesias in El Salvador.

Julie Hanna



To the girls I've come to know as my sisters, everything's nothing without you. You're all amazing, je t'aime. Mom & Dad, thanks for all your support! I love you. Girls, WE'RE GRADUATING! P.S. When you hear someone yelling in the halls, remember me.

MLT: never stop talking.

Emily Horonowitsch



Thanks Mom, Dad & Choochy for cheering me on. I'll miss jumelle jokes, volleyball 'gamestrations' & Paris! Keep smiling, ladies! "If my world were to cave in tomorrow, I'd look back on all the pleasures, excitement and worthwhileness I've been lucky enough to have."
- Audrey Hepburn

MLT: move to NYC so she can have french fries at Tiffany's every morning.

Vanessa Italia



I'll always remember Stratford '08, retreats and all the amazing memories we had together, girls. I thank my friends, family & teachers, because without their help & support I wouldn't have made it. LP, JC, CM, AB, SA, & LB, I love you all. Grads of '09 FOREVER. Italia's out!

MLT: have her own clothing line and name it "Italia".

Anne Kafka



Une main d'applaudissements, un rappel, on fait la vague! Finally, we're graduating! These past years were incredibly special... and here we are. I wish you all good luck.

MLT: je l'sais tu moi?!

Nadia Kanji



"They say that time changes things, but you actually have to change them yourself." - Andy Warhol. PMA, you know who you are, thanks. Vogue la galère, Mesdemoiselles! Tanti baci!

MLT: videotape herself singing "Boys, Boys, Boys", and use it as her audition tape to become the 7th member of Pas Chic Chic.

Graduates 2009

Amanda Khoury



Mom, Dad, Mike, Lauren - my guidance, I love you. AA+LZ - my forevers. CR+RC, M-A-3, LB, rampage, BC, LB, JH - stand by me. Mama, if only you could see me now. Grads of '09 - we did it!

MLT: blend in with her wedding dress.

Katie Kotar



Thanks to Mom, Dad, Mat and family. CATSMANEK - defy gravity, I love you all. "The future belongs to those who believe in the beauty of their dreams." NO DAY BUT TODAY!

MLT: move to New York City and be the only "starving artist" with a trust fund.

Hava Kouleovitch

The days were slow, but the years fast - five of them; from gangster to not, the memories I'll never forget. Phases and stages, p 1, p 2, p 3, time after time, razburrehs. I love you all! The dream's beginning and the time rolls on; it seems so surreal. Havanicelife!



MLT: pay Tyson to come to prom.

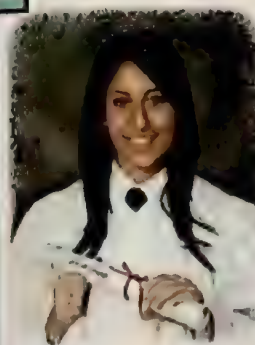
Kristina Kwong



To the Class of '09, we finally made it! To all my friends, I would like to thank each one of you for all the beautiful memories and laughter. Mommy, Daddy, Kat & Eloi, thank you for all the support and patience. I love you all. Viva la Sacred!

MLT: cry and then faint, in the presence of Gabe Saporta.

Sandra Labbad



My beautiful ladies, we finally got through Sacred! After all the tears & laughs shared, we can truly say this school is unforgettable. To the sisters, I never had: SM & VL & FG, 'til death do us part! To the family who helped me through it all, thanks. The fun starts now!

MLT: say "genre" in her wedding vows.

Ashley Lanni

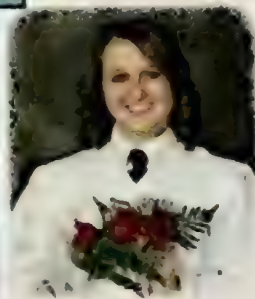


Five years gone, with many memories to stay, and soon, grads, we'll have the wind at our backs in a non-Sacred world. I wish you the best of luck. To my Vocal girls (you know who you are!), I feel so lucky to have known you all and I'll miss you! Goodbye and remember, sing out!

MLT: be caught shouting historical facts and apologizing randomly.

Graduates 2009

Alexandra Lewyckyj



"The Road goes ever on and on down from the door where it began. Now far ahead the Road has gone and I must follow if I can, pursuing it with eager feet until it joins some larger way where many paths and errands meet, and whither then? I cannot say." - J.R.R. Tolkien

MLT: win big on Jeopardy!, then marry Lex Luthor and write a scandalous tell-all memoir.

Virginie Lombardi



What an interesting 5 years it's been, let me tell you! I'll never forget the things that made me laugh most. Lost in Rome, I'm so embarrassed!, fly patrol, "SPEED BUMPS". This is just one of the many tales from the STORY OF MY LIFE. Buona sera, girls.

MLT: forget to hand in her CEGEP application, then claim she e-mailed it.

Christina MacDougall

Now that we've survived Sacred Heart, it's time to face the world outside these walls. Mom, Dad & Jon, thanks for all your help and support. SMACKTLEZ & MC, you are my reasons why. I'll cherish these memories forever. Grads of '09, I love you all & I'll never forget you.



MLT: get divorced after two days because she found someone else... again.

Cailin Catherine Martin



Congratulations Grads of '09, we made it! KA, VI, JT, AGE, NK, ADG, JE, I could not have done it without you. I love you girls so much - best friends forever! Thank you Mom, Dad, and Sean for all your support. I love you!

MLT: break up with her boyfriend if he doesn't have unlimited texting.

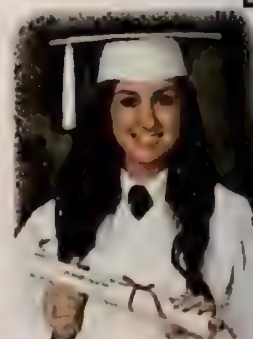
Elizabeth McDonald



"Friends are hard to find, difficult to leave, & impossible to forget." Grads of '09, I will never forget you girls. So many memories: Lunch Table 07-09 (love you), sports teams, NB soccer champs! Teachers, friends & family, thank you all so much. I will always remember these last 5 years.

MLT: bring her graphic calculator EVERYWHERE so she can play Tetris when she's bored.

Sabrina Missori

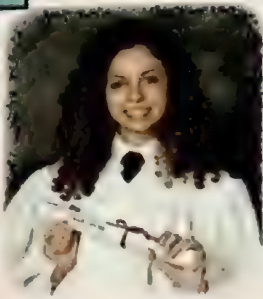


Congratulations Class of '09! We did it! Mom, Dad, Mike and family, thank you for everything, I couldn't have done it without you! True friends leave footprints in your heart. To the girls I have come to know as my sisters: SL, VL & TR, thank you for making my high school years so memorable. I LOVE YOU! Good luck and I hope all your dreams come true. xoxo

MLT: be ridin' in a white escalade with rims and hydraulics.

Graduates 2009

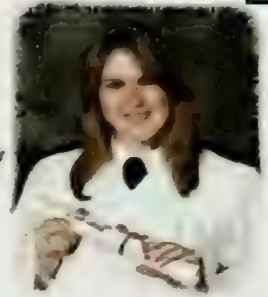
Paola Morin



Grads of '09, believe it or not, WE MADE IT! Though our journey has come to an end, I will never forget the memories and those times I laughed so hard I couldn't breathe. I will miss you girls, but it's time for us to take on the world in decent shoes!

MLT: be put in a glass box for observation.

Tamara Morrison

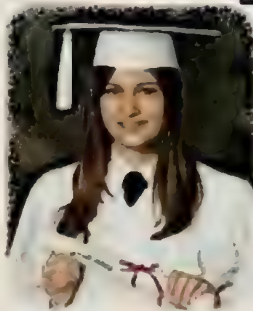


Well girls, it's here! Congratulations! There have been good times and bad times, but the memories we have will stay with us forever. Thanks to my mom, my dad, Oma and Opa, friends and family. I could not have done it without you! UN forever. Good luck!

MLT: not get the joke, laugh anyway, then get it 20 minutes later & laugh again by herself.

Elena Motivans

It seems like just yesterday that we walked through the Penfield doors for the first time. We have come such a long way since then. I want to thank my amazing friends, family and teachers for supporting me along the way. "Seek wisdom, not knowledge. Knowledge is of the past, wisdom is of the future." -Native American proverb.



MLT: move to England, marry rich, have two perfect children, and write five best-sellers.

Rachelle Motter



Thank you, Sacred Heart, for having me in your school. I had a wonderful year. Everyone has been very kind and friendly. I have felt welcome and truly part of the generation. Again, thank you very much. I'll miss you all!

MLT: travel the world with her husband and get married on the moon.

Chrysten Newton



Don't ever stand aside or be denied; determination will bring you where you wish to be. Thank you for your wisdom, Mom, Dad, and Kylie. "The future is mine and it's no disgrace" - Oasis. I will do great things, and for all you sceptics, just watch me.

MLT: head her own multi-million dollar corporation and smile at the non-believers.

Morgan Orcutt

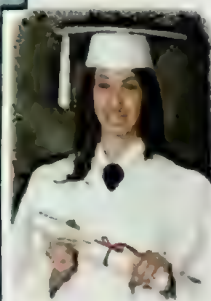


Congratulations! It's the end of one chapter and the beginning of another! I would like to thank the teachers for all their help, but most of all, my family and friends for their help, love and support. We did it!

MLT: live her life sitting on a beach, painting with her Highland Terrier.

Graduates 2009

Spencer Orcutt



Congratulations! We finally made it, Grads of '09! Thanks to my family for always being there and to my friends for all the great memories. Girls, be proud of who you've become. We couldn't have done it without each other.

MLT: never become a Canadian citizen.

Gabriela Padvaiskas



Our wait is over; we're making it out of here alive! To all my great friends (you know who you are), thanks for always being there & for giving me some of the greatest moments of my life. Thank you, Mama, Papa, and Sophia, for supporting me these past years. Grads of '09: Memories for a lifetime.

MLT: set her restaurant on fire to see if it explodes... then pull a back flip.

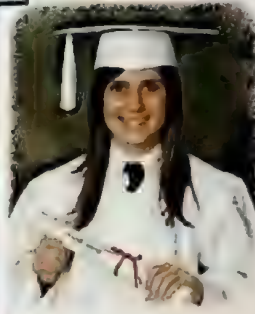
Jennifer Palermo

To my dearest friends, my very own sisters: thanks to you, this experience was so enjoyable. Grads of '09, you're the world's greatest group of girls. "Shoot for the moon. Even if you miss, you'll land among the stars."
—Les Brown.



MLT: become a doctor so she can treat herself.

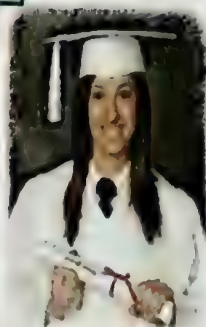
Christina Paolucci



Class of '09 – We're done! Thanks, Mom, Dad, Ant & Mike for being my rocks through everything. To my friends and CATSMANEK, I owe you my life & sanity. I love you all so much! "We came here as strangers, but we leave as sisters." Good luck, girls; see you in the real world!

MLT: roam the world in search of autographs and hire a personal shopper.

Lauren Papalia



Ladies, thank you for making these past five years amazing! Unforgettable memories with all of you will be cherished forever. Ma, Pa, Bella, you are my strength. Vi, CM, AC, ZV, LB, I will miss you. Grads of '09, I love you all! Smile, we made it! Grazie a tutti! Ciao, I'm out.

MLT: raid your kitchen and yell at you for more food.

Kathleen Paradis



Congrats to the class of '09! These past years have been amazing, filled with so many good times and unforgettable memories. L.L.&L. Thank you, Mom & Dad, for everything. "Trails of troubles/Roads of battles/Paths of victory/We shall walk."
—Bob Dylan

MLT: have a secret superhero identity while fighting crime at night.

Graduates 2009

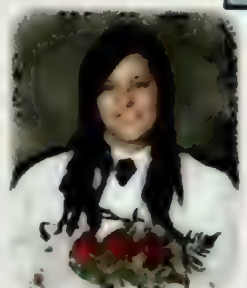
Leia Pengelley



It's been 5 years, but it went by so fast! I've had so many good times, it's hard to remember all of them. Dals, Ang, Benny, Kiz: you guys mean the world to me. I love you! Thanks to my family, who have always been there for me. Grads of '09 forever. xox

MLT: get Pharrell to ask her out but cancel, saying, "I can't, I have softball..."

Natasha Pereira-Erskine



Out with the Docs and in with the flats. This Sacred girl is ready for CEGEP. P.S. To my friends, family, and Lucas, thanks for everything. xox

MLT: never come up with a "most likely to".

Ashlan Kawisaronkwas Phillips

These memories are the soundtracks to our lives; I'm glad we've made so many. The good, the bad and everything in between, we've lived it all together. Friends - always & forever. UN, Family, Nia:wen&konoronkwa. Live. Love. Life



MLT: ditch prom to go to a Mötley Crüe concert... in Toronto.

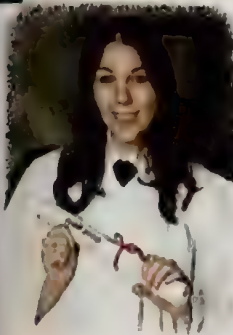
Christina Rafie



Oh no... I think I'm gonna start crying again...HARAM ha ha! To my family, thanks for everything. Al & Jeff, "Merci d'avoir enchanter ma vie." Mes cocottes, I love you all so much. Five years, but a lifetime of memories. '09 FOREVER - we made it, girls!

MLT: buy out Rockland and live in it, then die of a salt overdose.

Tamara Rapattoni



This is it! Mom, Dad & Mario, I love you. The world has its shine but I'd drop it on a dime for any of you ladies. Every day with you was priceless and you've made it all worthwhile! I love you all very much! My loves, stay Forever Young. Class dismissed. XOXO

MLT: say "eww, gross" during the birth of her first child.

Jessica Lauren Sadko

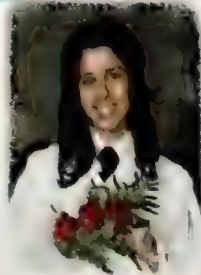


We made it! It's been an interesting five years. Thanks to the teachers who helped me through. My jumelle, redhead, lunch table & prefects - I couldn't have done it without you. Mom, Dad & Jonathan, thank you! All the best, Grads of '09!

MLT: snort while reciting her wedding vows.

Graduates 2009

Anita Sarkissian



I can't believe this day is finally here! Thanks Mom, Dad, Arteen & Granny for always supporting me. CT-you're my sister. SHMAKTLEZ, I love you and wouldn't have lasted these last five years without you. All our jokes & laughs will remain unforgettable! Baby, we're DONE!

MLT: show up on her wedding day looking like she just woke up.

Pauline Sassouni



These past five years are filled with so many memories. To my family, thank you for all your love and support, especially to my parents. Thank you so much for everything. To all my friends, there have been so many great times! You're awesome. Congrats, Grads of '09!

MLT: travel the whole world because she took the wrong bus.

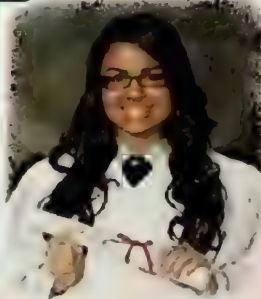
Sarah Segal

Wow, five years and we finally did it! Thank you, Mom, Dad, Dahlia and Justin for all your support and for putting up with me. To the girls, you made it all worthwhile and have given me some of the best memories anyone can ever ask for. Peace and love - S.A.F.E.



MLT: make the guards at Buckingham Palace crack a smile.

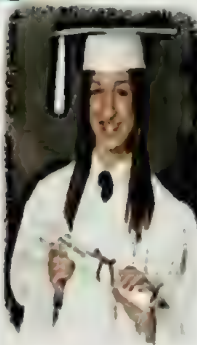
Nina Toia



Grads of '09, we made it! Mom, Dad, Fe, thanks for the support. Cardz, I love you forever. Bex & Lez, B. Stratford, lunch & late night. Too many great memories. Love you all. xoxo Gossip Girl.

MLT: have an anxiety attack while in a breeze machine.

Cassandra Travaglini



Congrats, ladies! Have fun. Dream big. You owe it to yourselves. Thanks Mom, Dad, Noah & Shawn for all the love & support. To my sister, AS: you're the bacon bits to my salad. To SHMAKTLEZ: on my contact list is where you will stay. Good times! Peace xo.

MLT: give her life savings to a hobo because she felt bad.

Jessica Tutino



After five years, it's finally time to say goodbye to our ties and kilts. Grads of '09, thanks for the amazing memories, especially AF, CM, KA, JF, NK. Mom, Dad, Mel, thanks for everything. "Nobody said it was easy, no one ever said it would be so hard".

MLT: spend her life trying to convince the world she's tall and has size eight feet.

Graduates 2009

Zoe Vlogiannitis



Wow, it's done already. Mommy, Daddy & Angie, thanks for all the support. To my friends: AS KK CT GP ADM LP TR LG EF ACK NPE NK MW SS CDM, the past 5 years have been awesome. I'll miss you all so much; I love you girls. Congratulations class of 2009! We did it.

MLT: marry a Greek boy, have Greek babies and feed everyone until the day she dies.

Melissa Walsh



To my friends, you are the coolest, funniest, sweetest, most hyper people I've ever met. You have truly made my high school years the best years of my life and for that I thank you. To my family, I thank you for all the love and support. Grads of '09, AHH! We did it!

MLT: be so hyper that she accidentally hurts herself and seven other people.

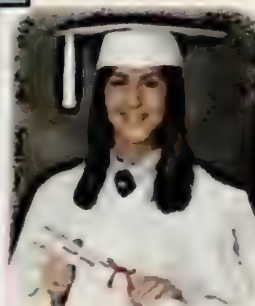
Taylor Wright-Connors

Dear Grads, you've made these years more than I could have asked for. Thanks to my whole family. All my friends, CATS-MANEK - I love you girls, you've made my memories. I'll miss all you girls- congratulations and good luck!



MLT: be the only hockey mom on Super-model Documentary Hour.

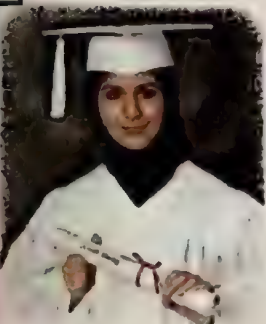
Michelle Zakem



"The end has no end." - The Strokes. To the greatest group of girls I'll ever know: it's time to say goodbye. Five years have flown by, but the memories will live on forever, sacred in my heart. To my very own sisterhood: we're friends that turned into family.

MLT: eat the world's supply of food while contaminating the oxygen with her excessive oral gastric emissions.

Hanieh Zargham



"Nothing's ever impossible; into the future we all free fall."
Good luck, girls!

MLT: be the next William Hung.

Alice the Ghost

Grads of '09, I cannot believe that you are graduating already! I have really enjoyed sitting in on your classes these past five years. You are all truly wonderful girls and Sacred Heart won't be the same without you. "Friends are like stars; you can't always see them but they are always there." I'll miss you girls!



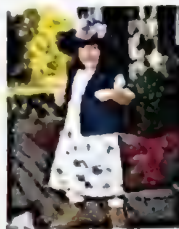
MLT: never leave Sacred Heart and continue haunting all the students forever.



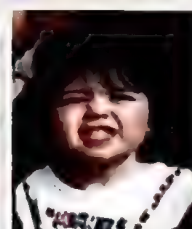
Nina
Tola
BARAT HOUSE HEAD



Stephanie
Christodoulou
DIGBY HOUSE HEAD



Kathryn
Kotar
DUCKESBIE HOUSE HEAD



Rebecca
Catellier
G.A.A. CO-PRESIDENT



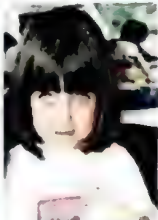
Elizabeth
McDonald
G.A.A. CO-PRESIDENT



Amanda
Amle
PRESIDENT



Sofia
Afonso



Alexandra Chio
Alacchi



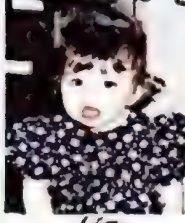
Katherine
Athanasopoulos



Julijana
Benc



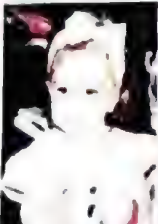
Alexandra
Boky



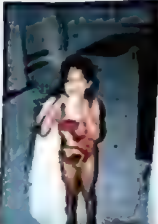
Lia
Borsellino



Garima
Chopra



Bianca
Cinillo



Jessye
Corrala



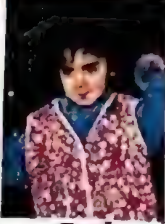
Samantha
Cote



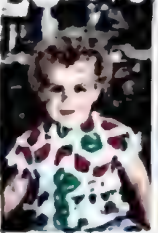
Julie
Cruvellier



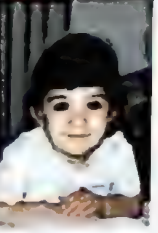
Cassandra
D'Amico-Mazza



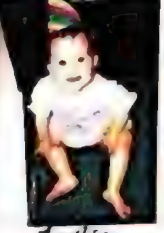
Emily
David



Lauren
Farmer



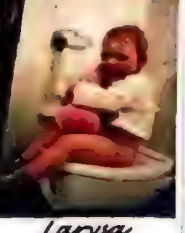
Joanna
Frigosafanakis



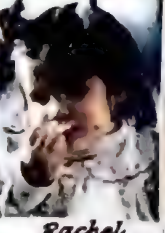
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Fyfe



Fabiana
Ghaleb



Larissa
Golymbowski



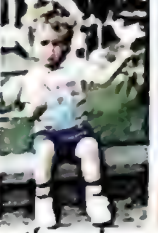
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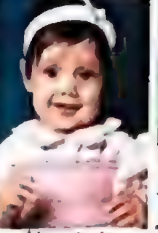
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Hane



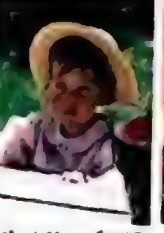
Ashley
Lawrie



Alexandra
Lewyckij



Virginia
Lombardi-Laprie



Christina Anne
MacDougall



Caitlin
Martin



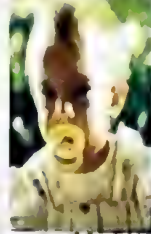
Sabrina
Mlesori



Paola
Morin



Tamar
Morris



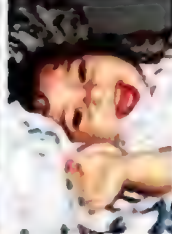
Kathleen
Paradis



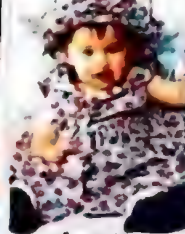
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Pengelley



Natasha
Perle-Enskine



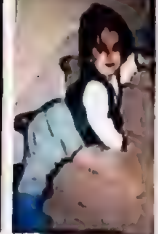
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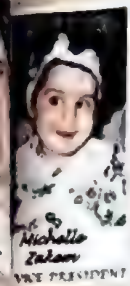
Christina
Rafie



Tamara
Rapattone



Anita
Sarkissian



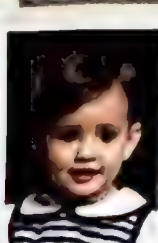
Michelle Zuker
VICE PRESIDENT



Ashley Grace Farthing
SECRETARY/TREASURER



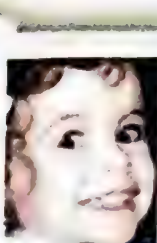
Nadia Karys
CHAIRPERSON HOUSE HEAD



Erin Brown Vandecroft
HARDY HOUSE HEAD

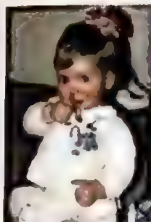


Kelly Guy
STUART HOUSE HEAD

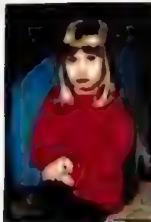


Jessica Lauren Sadoor
TRENCANO HOUSE HEAD

2009



Meredith Burke



Amanda Cardillo



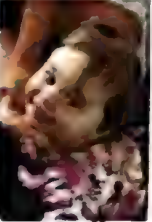
Emilio Caron



Sandrine Cassis



Alexandra Condit-Kanellopoulos



Camille Chacra



Natalie Davis



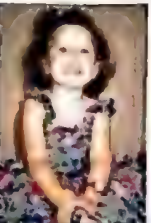
Alessia De Lauri



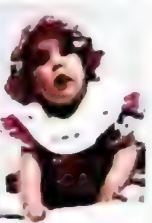
Angelika Delormier May



Kimberly Decker-Konaginis



Alessia Di Giorgio



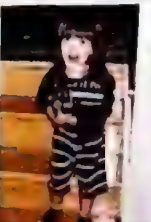
Carina Di Tomaso



Melanie D'Itri



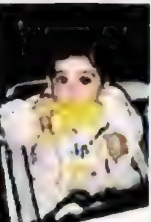
Emily Horonowitsch



Vanessa Italia



Anne Kafka



Amanda Khoury



Hava Koulenonitch



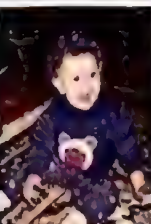
Kristina Kwong



Sandra Labbad



Elena Motivans



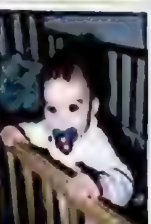
Chrysten Newton



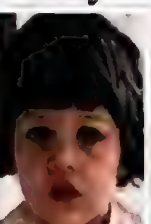
Morgan Orcutt



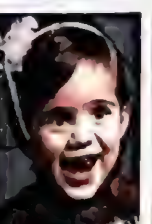
Spencer Orcutt



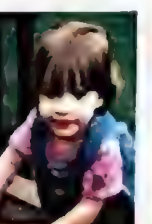
Gabriela Padvaikas



Jennifer Palermo



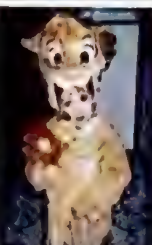
Christina Paolucci



Lauren Papalia



Sarah Segal



Cassandra Travaglini



Jessica Tutino



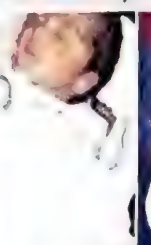
Zoe Vlogiannitis



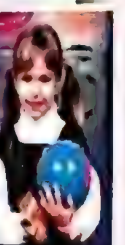
Melissa Walsh



Taylor Wright-Connors



Hanish Zargham

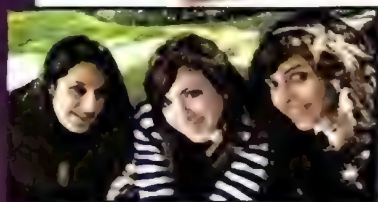


Pauline Sassoun

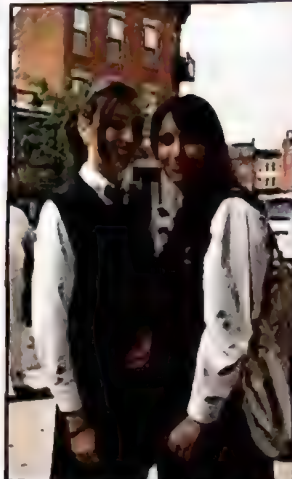


Stratford

Big City Girls in a Small Town



Stratford was a blast. When we weren't watching *Love's Labours Lost*, *Cabaret*, or *Hamlet*, we were exploring the town, participating in workshops, and, of course, eating candied apples. The nine hour bus ride was well worth it!



"We know what we are, but know not what we may be"
Ophelia, Act 4
Scene 5 Hamlet



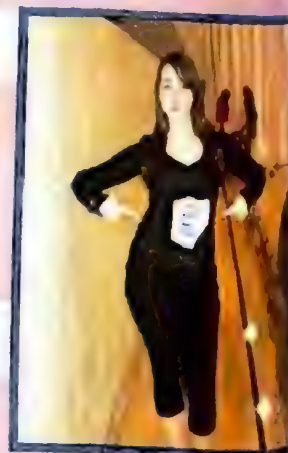
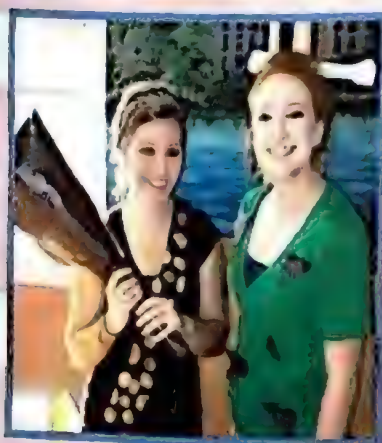
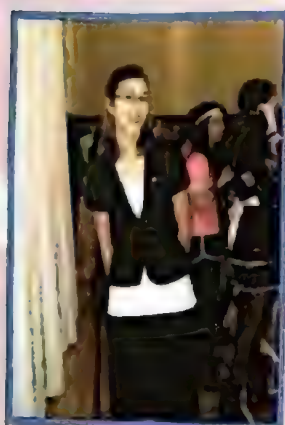
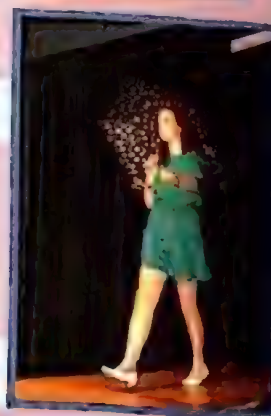
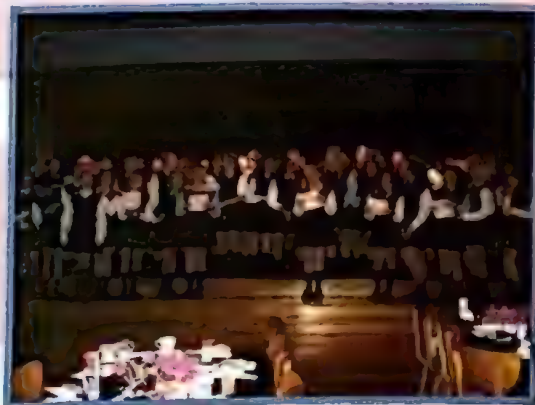
Sec V Retreat



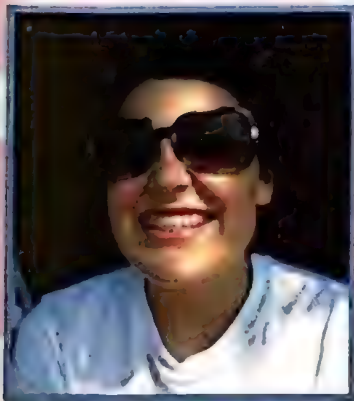
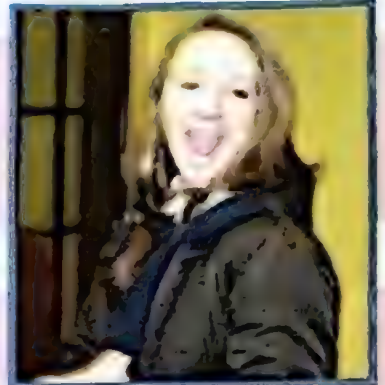
The Sec V retreat was about reflecting on our past years at Sacred and getting closer as a group. We watched movies, played games, and discovered how powerful each one of us really is. We shared tears, laughter, and many good memories.



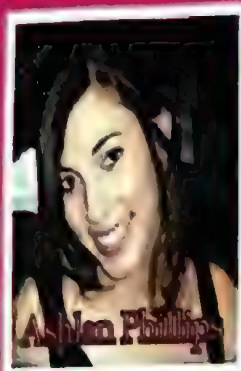
Sec. V Candids



Your favourite socialites...

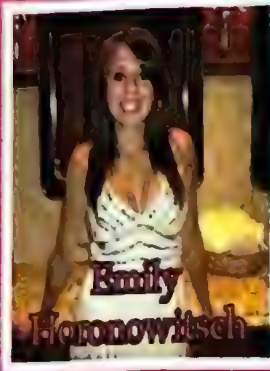


Keep your eyes peeled for these girls out on the town.
"Best of" Survey Results 2008



Ashlen Phillips

Rockstar



Emily Horowitz

Handwriting



Alessia Di Giorgio

Dictator



Katherine Athanasopoulos

Teacher's Pet



Amanda Cardillo

Mini-Kilt



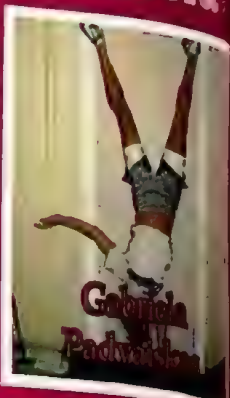
Cassandra D'Amico Mazza

Anarchist



Christina Rafie

The Smile



Gabriela Paduan

Class Clown



Spencer Orcutt

Neat Freak



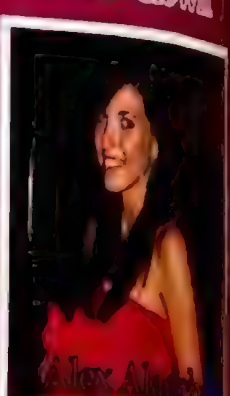
Melanie D'Itri & Jennifer Palermo

Moms



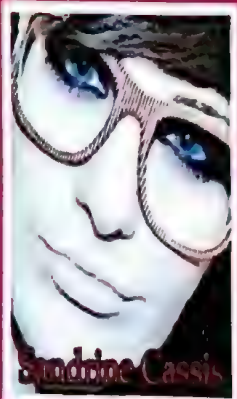
Ashley Lanni

Bookworm



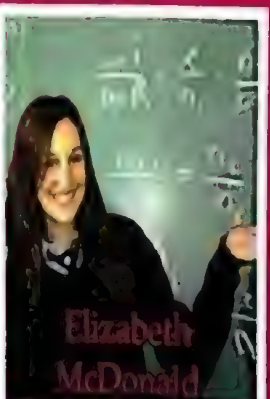
Alex Alonzo

Fashionista



Sandrine Cassis

The Eyes



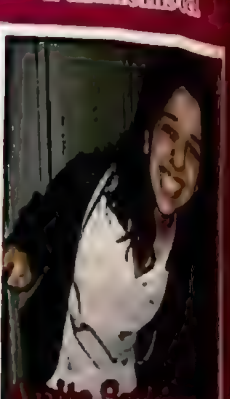
Elizabeth McDonald

Brainiac



Kimberly D'Amico

Sporty Spice



Anita Saito

Best Laugh



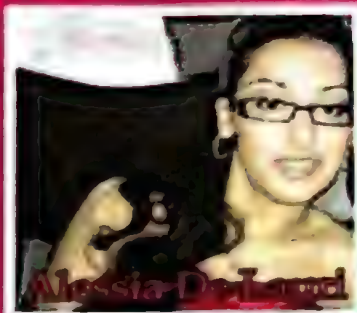
Amanda Khoury

Drama Queen



Stephanie
Christodouloupoulos

Dancer



Messia DeLong

Quintest



Fabrice Ghaleb

Artist



Garima Chopra

School Spirit



Joanna
Fragostanakis

Klutz



Melissa Walsh

SHSM Idol



Hava
Karimovitch

Shocker



Sandra Kabbad

"Coiffure"



Julie Hanna

Loudest



Nadia Kanji

Musician



Cailin Martin

Most Sarcastic



Jessye Correia

"Gino"



Lia Borsellino

Party Animal



Nina Toia

Stressed



Hanih Zargham

Scientist



Kelly Guy

Role Model



Michelle Zakem

Leader



Alex Lewyckyj

Most Wordly Wise



Ashley Grace
Farthing

Geographically Inclined

GRADS OF 2009

We used to always wear our docs right,
Loyola dances were all the hype,
Long kilts, collar buttons so tight
Ortho by day, Wordly Wise by night
Delicious lunches, adored every bite,
Five years later, '09...

We love each other for what we brought,
We all made a difference, got your back if you get caught
Sunbathing in the parking lot,
Now we're done - I'll see you at the bus stop!

Whoa! I straightened my hair!
Whoa! Livin' off a salad bar!
Check your e-mail; I sent it, I swear.
Whoa! Livin' on a prayer!

All the piercings, what a shock!
No spandex on free dress day, the teachers will talk,
Low on potassium, the focus is rough,
Stratford, yeah, we loved every play,
Memories no one could ever take away,
Be it sports, or math café

We love each other for what we brought
Despite our tantrums and our existentialist plots,
We've got each other and that's a lot,
Now it's time to recycle those docs!

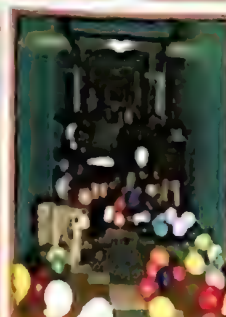
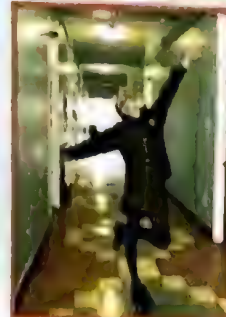
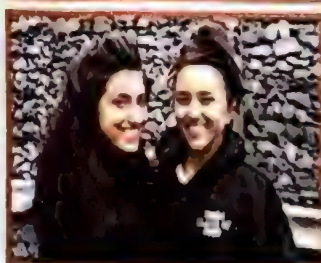
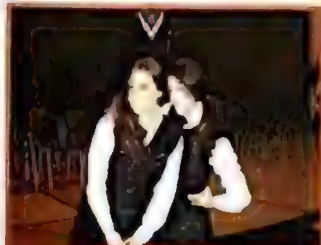
Dasha '09, the best one yet!
Study hall exams made me sweat,
Absorb the power, you'll pass, I swear!
Whoa! Livin' on a prayer!

LIVIN' ON A PRAYER

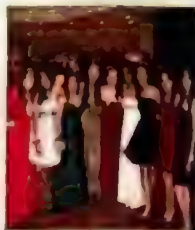
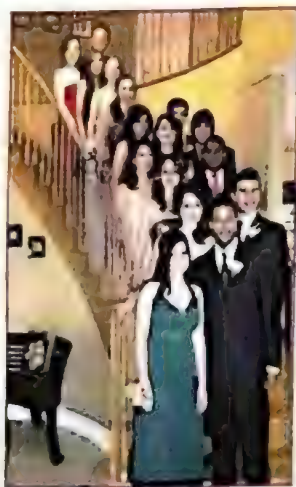
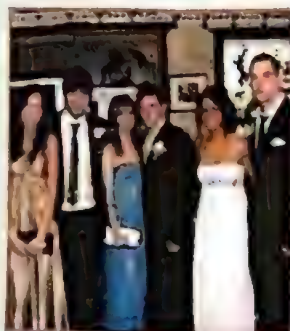
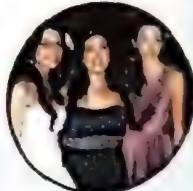
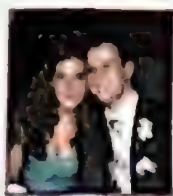
Grads of '09, we make it hot,
We're the loudest grade, forget us not!

Whoa! It's quite the scare,
Hang up your kilt; it's time to get out there
Never again will we climb those stairs,
Grads of '09, livin' on a prayer!

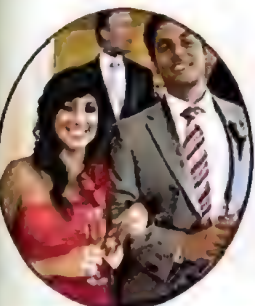
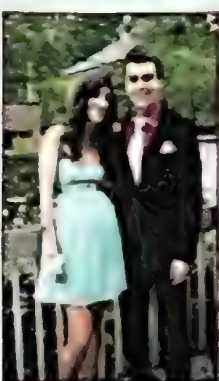
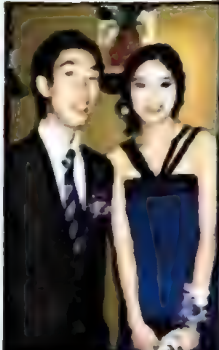
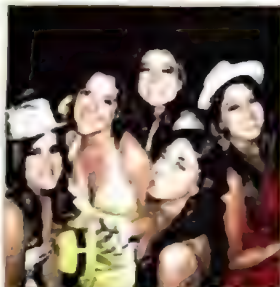
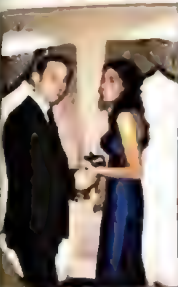
Forget Us Not...



Prom Night 2009



A night to remember...



*"It's the night of our nightmares,
It's the night of our dreams,
Makeovers, massages...
Been waiting all our lives for this."*



Valedictorian Address

Hanieb Zargham



-Sister Gertrude McNamara Prize for Mathematics
-Soeur Annette Archambault Prize for French Second Language
-Estelle Fitzgibbon Prize for highest composite average in Science
-Governor General's Medal & Parents' Guild Award for the student with the highest general average

Today is a day to acknowledge the accomplishments of the graduating class of 2009. Today we celebrate the years of hard work, struggle, and perseverance that have led us up to this moment. We reminisce about the challenges we overcame, and we hold our heads up high to savour our victories.

It hardly seems possible that five years have passed since we first walked through these big Penfield doors. During our first few days at Sacred Heart, we were strangers, but today, we sit beside each other as friends, friends who have been there for each other through the good and the bad, friends

who have shared in each other's laughter and tears and who are forever intertwined by memories. We, the graduates of '09, have spent our teenage years together and have become as close as sisters. Together, we've cried and mourned the death of a beloved teacher. Together, we've decorated each other from head to toe on birthdays and taken pleasure in embarrassing visitors by loudly blessing them in the name of the Lord. We've learned how to sit one foot in the instep of the other and have applied our rigorous manners while watching the most exhilarating plays at Stratford. Together, we've been educated as to what a *mamacita* is, stuffed our faces with cake for Sec V entertainment, and just managed to escape the whole Jonas Brothers craze. But above all, together, we have explored the limitless boundaries of friendship, compassion, and love.

Often on graduation day we seek inspiration in well-known figures like Ghandi or Maya Angelou, but I see inspiring role models right here among us. I look to my right and I look to my left, and I see people who have given me hope and who have left a lasting imprint on my heart. I look at Kelly and I know that I'll always admire her for her kindness. I look at Gaby, who's made me smile on the gloomiest days, and I know that I'll never forget absorbing her power, her flipping bee, or her dad's birthday. I look at Camille and Chrysten, at all four Christmas and all three Alessias, at our student council, at every single one of you and I am reminded of memories that will endure well beyond our last days together. Though we've had our differences (with puberty in full swing it's kind of hard not to!), we've also been each other's support systems. Each and every one of us has brought something unique to our grade, making it special and complete.

Today we also acknowledge those who have stood behind us and urged us to move forward. Though they receive no special recognition for their hard work, they have indeed helped us and guided us to take the right path when we were faced with obstacles. So here's a shout out to our family at Sacred Heart, to the teachers. In the words of Dan Rather, "The dream begins with a teacher who believes in you, who tugs and pushes and leads you to the next plateau, sometimes poking you with a sharp stick called 'truth'." You have believed in us when no one else has. You have been our coaches and our mentors. You have gone beyond the curriculum and have taught us valuable life lessons.

To my fellow graduates of 2009, today isn't just about reflecting upon the past; it's also about looking forward to the future. As we pass this important milestone, we start a new chapter in our lives. Next year, as we head off to our different colleges and start down our different paths in life, we will no longer be surrounded by familiar walls. We will meet new people, make new friends, and learn new things. With this new chapter will come new responsibilities and struggles. And though we will strive for success, at times it might elude us. The important thing is to never give up and to try, try again, for we are like birds learning to fly. We may fall once, we may fall twice, but we will not always fall. We *will* learn to fly.

Friends, a bright future awaits us. We will go on to be teachers, lawyers, doctors, actors. But no matter where our journey in life takes us, let us never stray far from the values and lessons of integrity, dignity, faith and compassion we have been taught here at Sacred Heart. And let us measure success not by the people we impress but by those whose lives we improve.

We came, we saw, we conquered. It is now time to hang up our uniforms and say goodbye to Sacred Heart. "A milestone passed, new things begun, dreams as shining as the sun, a goal achieved, a victory won- that's graduation!" I'll miss you, girls of '09!

Special Prizes

B.L.C. Award for English

Amanda Arella

Alex Cerulli-Kanellopoulos

Alessia Di Giorgio

Kimberly Dextras-Romagnino

Kelly Guy

Alexandra Lewyckyj

Elena Motivans

Five Year Honour Roll Prizes

Amanda Arella

Melanie D'Itri

Kimberly Dextras-Romagnino

Alessia Di Giorgio

Kelly Guy

Katie Kotar

Elizabeth McDonald

Jennifer Palermo

Michelle Zakem

Hanieh Zarghum



Erin Brown-Vandercruys

-The Sacred Heart
Music Award



Amanda Arella

-Millenium Scholarship- Provincial



Emily Horowitz

-Headmistress'
Memory Book
Award



Alessia Di Giorgio

-Headmistress' Memory
Book Award
-Steve Weeks Scholarship
-Lieutenant Governor's
Award



Christina Paolucci

-Provincial Council
Award for compassion
through social action



Fabiana Ghaleb

-Heather MacDougall
Prize for Fine
Arts



Elizabeth McDonald

-City House Foundation Bilingual Proficiency Prize
-Auriol Wilkins Roper Prize for contribution to Sports
-McGill Science Award
-Millenium Scholarship- Local



Kelly Guy

-Bruce M. Hicks Public
Service Award
-Parents' Guild Prize for
Social Sciences



Jessica Tutino

-The Sacred Heart
Art Prize



Jennifer Palermo

-Thérèse F. Casgrain Bursary
-Patty Forbes Prize for Health
Sciences
-Frances Smith Prize for
significant contribution to the
life of the school



Meredith Burke

-Student Council
Prize



Alexandra Cerulli-Kanellopoulos

-Mater Service
Award

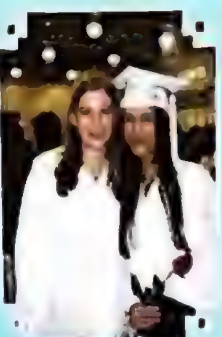
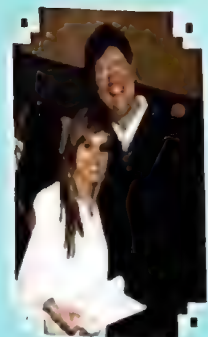
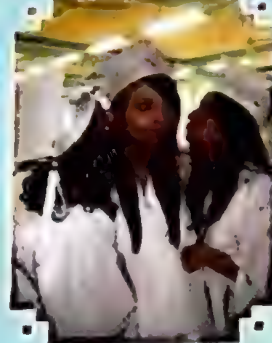


Camille Chacra

-Judith Rossi Prize
for Drama

Convocation

Congratulations Graduates of 2009

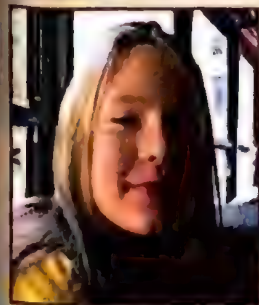
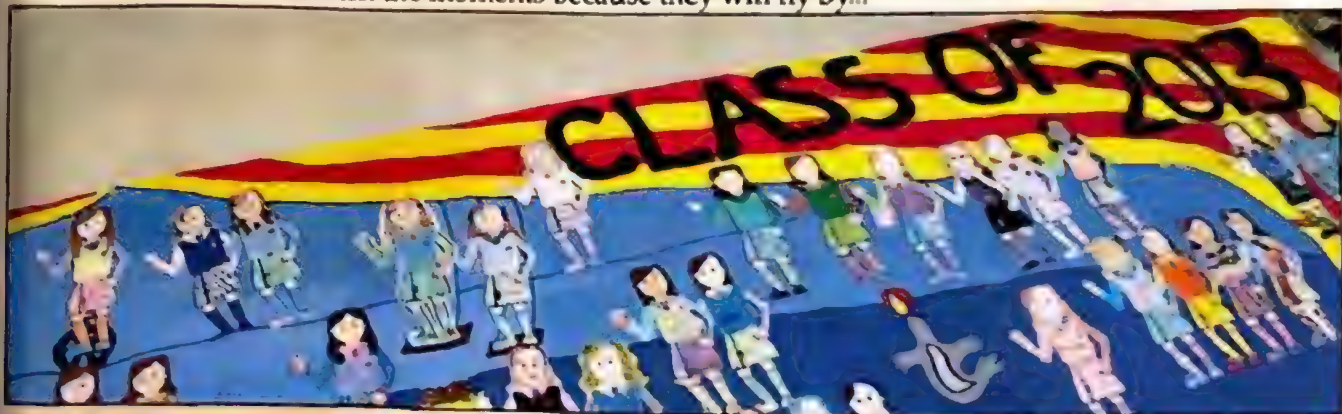


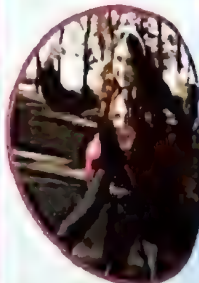
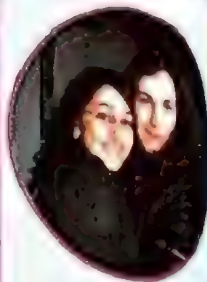
Secondary One

Retreat

We are
Family

Secondary One Retreat is meant to show each and every new girl that she is part of a family: the Sacred Heart Family. For the next five years, Sacred Heart will be your second home. These are the people that will become the sisters you never had. Cherish the moments because they will fly by...





HEART AND SOUL

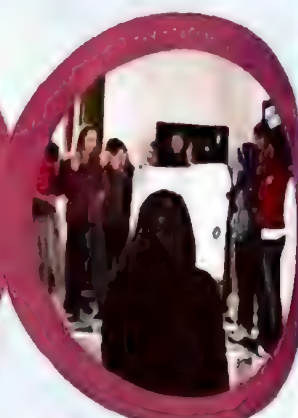
Secondary II Retreat

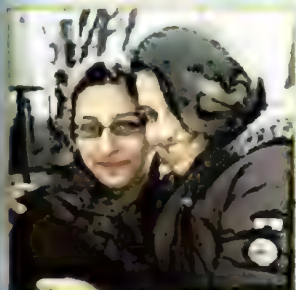
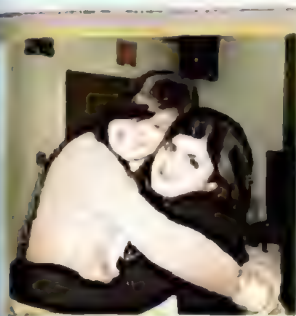
"Resolve your entire life in one bold stroke? What if I fail? ... Then my whole life will be a complete failure."



"No offense, Harrison, but you died a failure because you never tried."

- Heart and Souls





**You are a
miracle**



"What I want to do and what I do are two separate things. If we all went around doing what we wanted all the time, there'd be chaos."

- Simon Birch

Secondary III Retreat

"Time is a monster that cannot be reasoned with. It responds like a snail to our impatience, then it races like a gazelle when you can't catch a breath."

- Simon Birch



Secondary IV Retreat

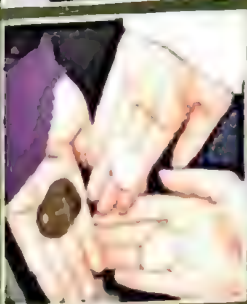


Mr. Griffin's first retreat!



"Between hindsight and foresight, only foresight has a future."

- George Monroe
Life as a House

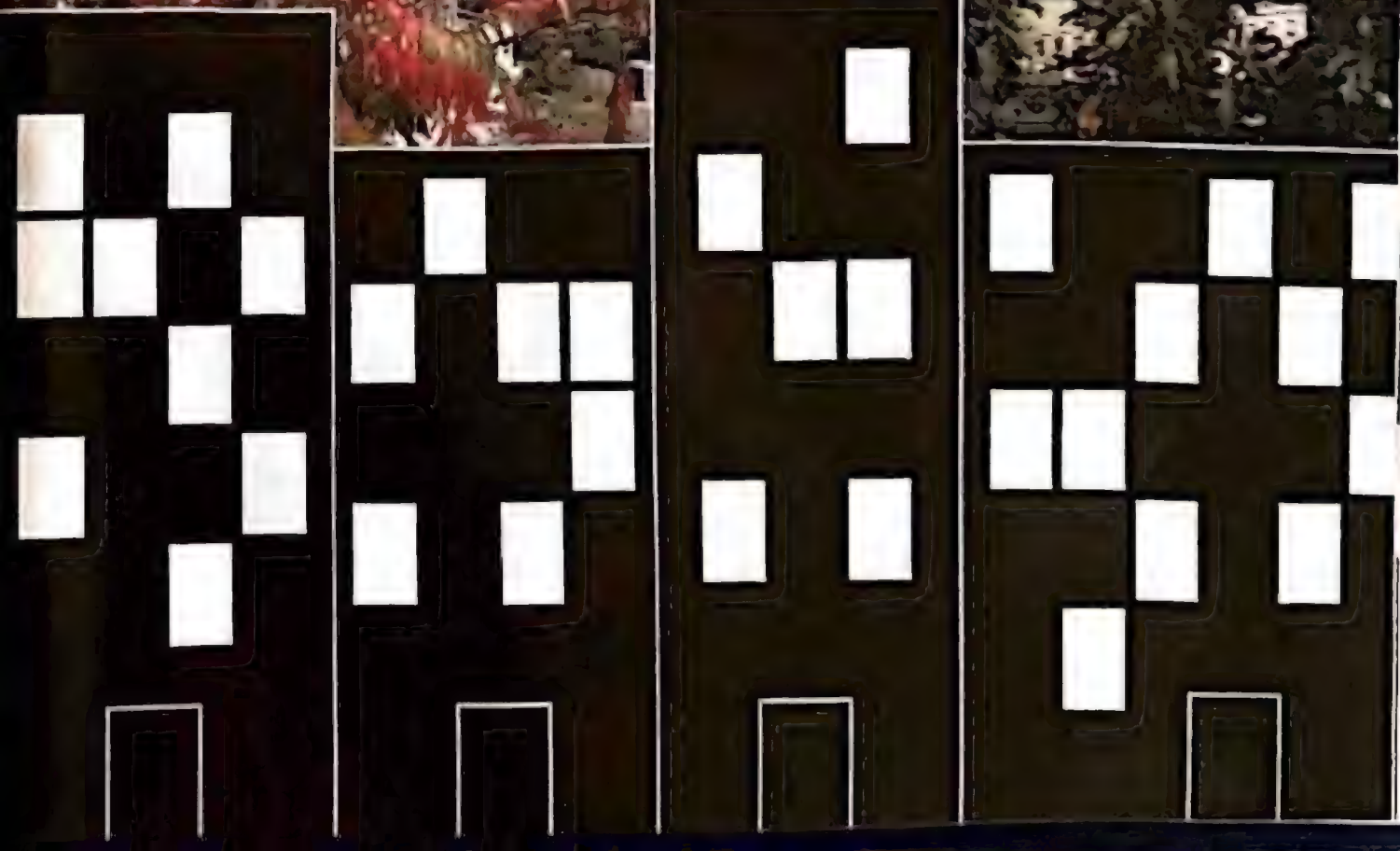


"Change can be so constant, you don't even feel the difference until there is one."

- George Monroe
Life as a House



Life as a House



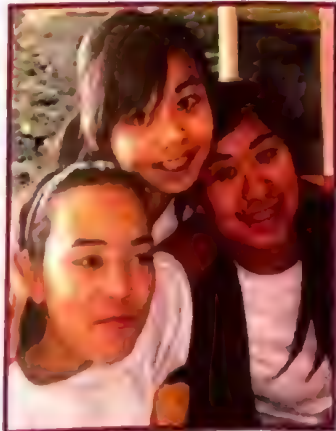
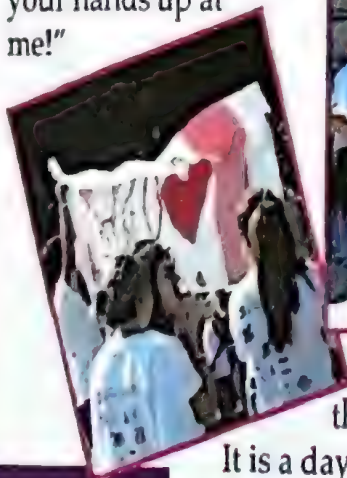
Girls for the Cure



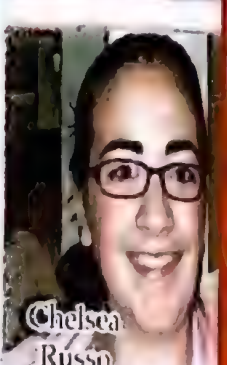
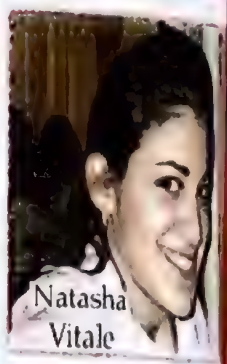
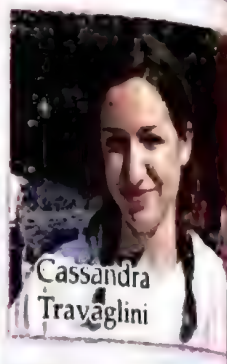
Once again, very generous Sacred Heart girls dug deep and spent countless hours knocking on doors to collect funds for a very worthy cause. Great work, girls!



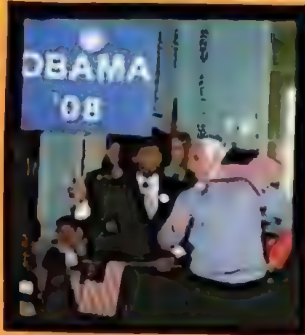
"All the honies who raise the money, throw your hands up at me!"



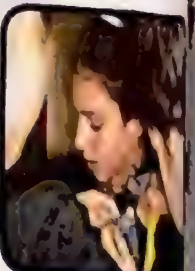
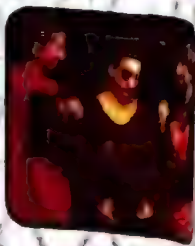
Raising money for breast cancer is something that means a lot to each and every girl. It is a day to have fun on the mountain, but also to raise awareness and come even closer to finding a cure.



SPIRIT DAY

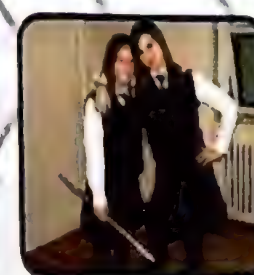


Christmas Wishes





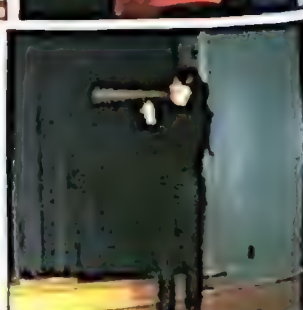
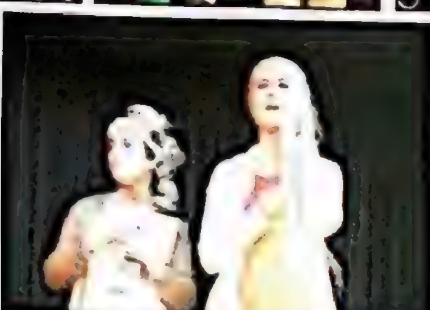
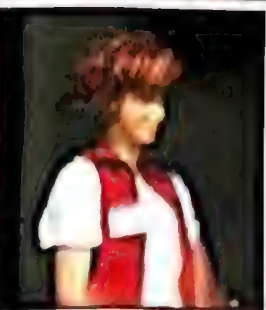
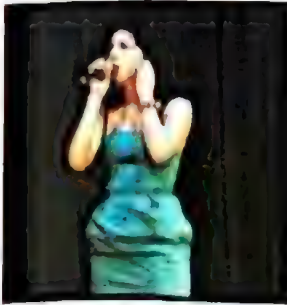
Christmas Concert



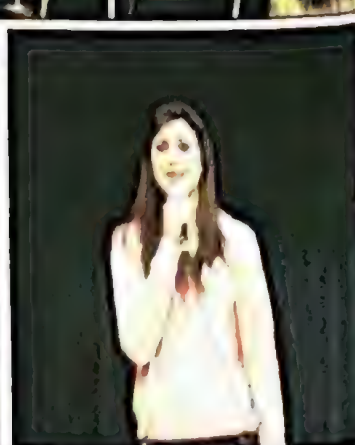
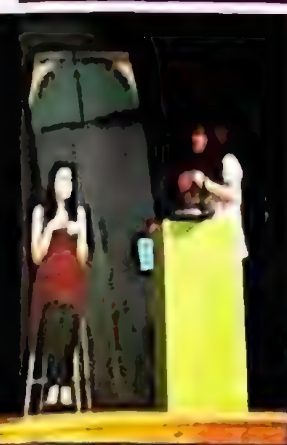


Semaine de Français

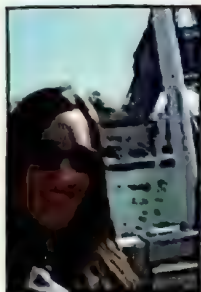




DASHABUSTADD



STUDENT EXCHANGE

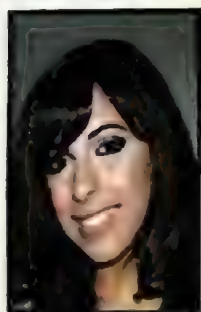


Name: Elizabeth McDonald

Destination: Bondues,
France

Departure: March Break
2009

VALIDATED



Name: Alex Cerulli-Kanel-
lopoulos

Destination: Atherton,
California

Departure: March Break
2009

VALIDATED

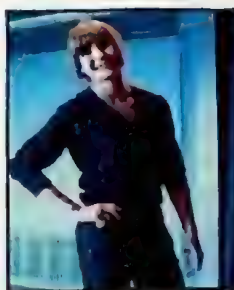


Name: Erin Brown-
Vandecruys

Destination: Tunbridge
Wells, England

Departure: March Break
2009

VALIDATED



Name: Emilie Caron

Destination: Brisbane,
Australia

Departure: March Break
2009

VALIDATED

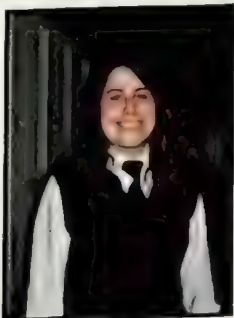


Name: Cynthia Snell

Destination: Sydney,
Australia

Departure: March Break
2009

VALIDATED



Name: Alexia Mitchell

Destination: Taiwan,
China

Departure: Summer 2009

VALIDATED

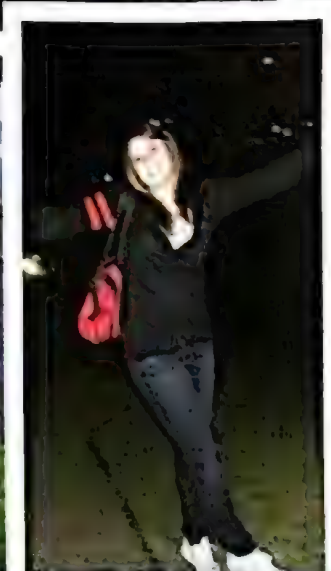
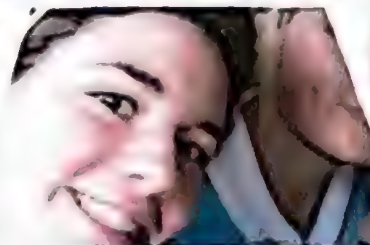


Name: Alexandra Snell

Destination: Melbourne,
Australia

Departure: Summer 2009

VALIDATED



CANDIDS

An Inspector Calls



*Featuring Students from
Secondary V Drama*

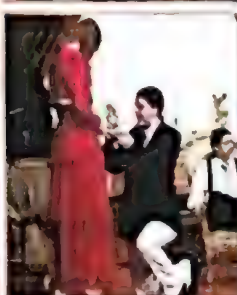
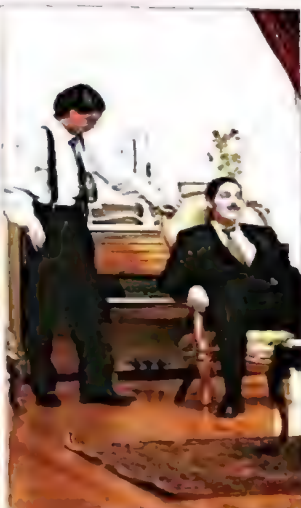
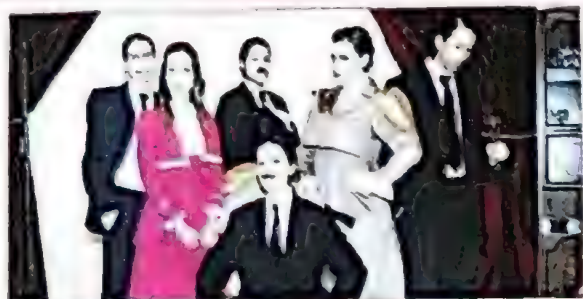
Cast

Emilie Caron
Camille Chacra
Jessye Correia
Samantha Côté
Melinie D'Itri
Larysa Golymbiowsky
Alexandra Lewyckij

Virginie Lombardi-Lajone
Christina MacDougall
Tamara Morrison
Kathleen Paradis
Natasha Pereira-Erskine
Ashlan Phillips
Cassandra Travaglini



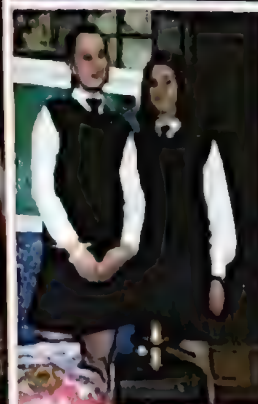
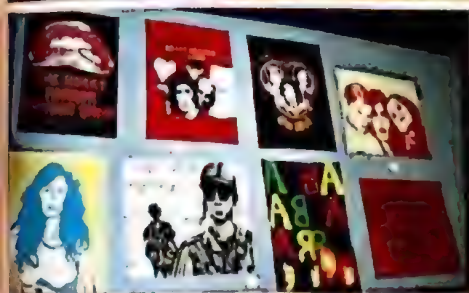
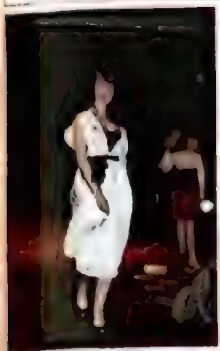
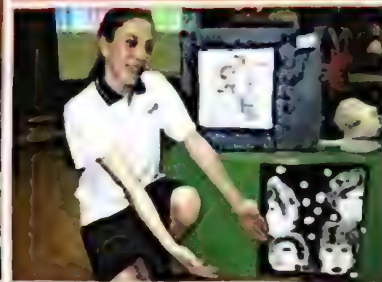
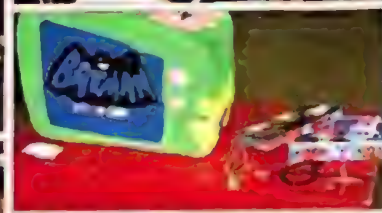
Crew





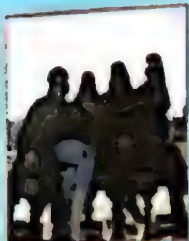
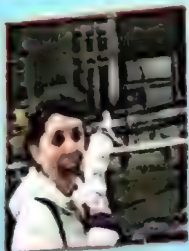
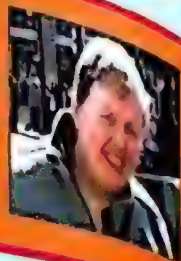
Arts Festival

Heart in the Modern Age





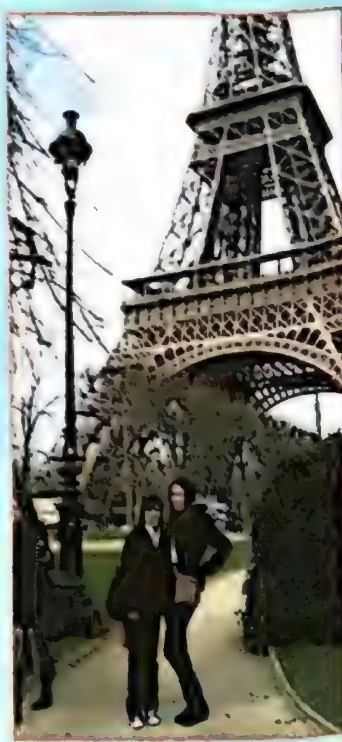
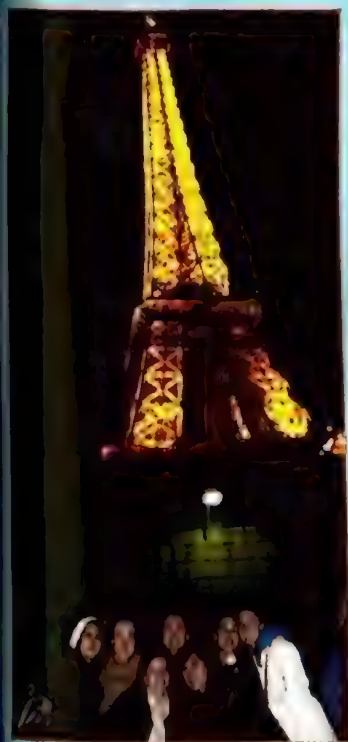
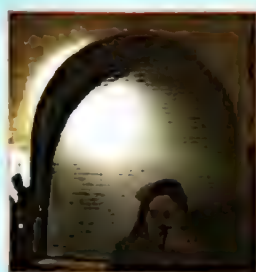
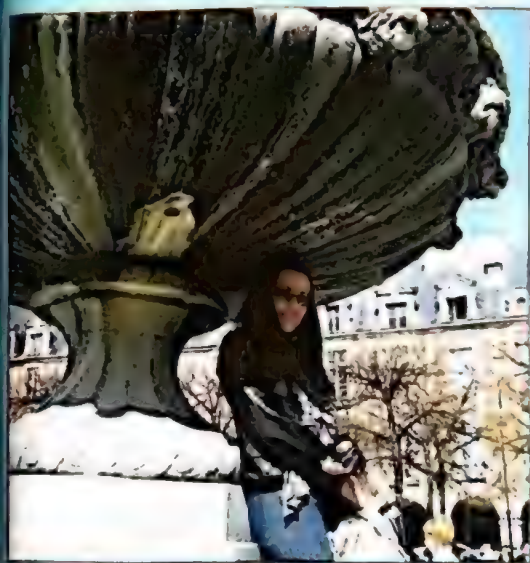
France 2009



Après avoir passé neuf jours extraordinaires en France, nous sommes toutes devenues des petites Parisiennes! Mmes de Sainte Marie et Martel ont organisé un voyage culturel exceptionnel pour nous toutes. Nous avons visité les châteaux de la Loire, le musée d'Orsay, le Louvre, Notre-Dame et la fameuse Tour Eiffel, bien-sûr! Vive la France!

"We'll always have Paris..." - Casablanca

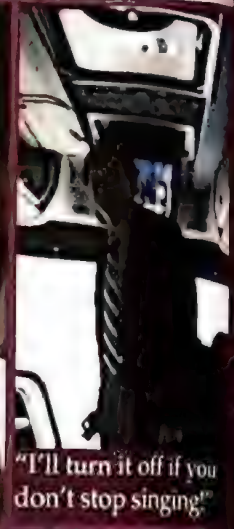
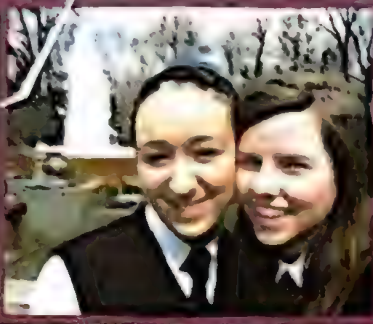




"C'est la France, d'abord!"

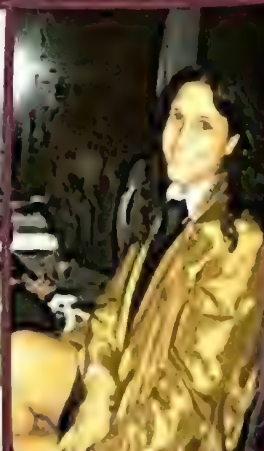
Field Trips

VIP No Camera Access:
Secondary II Montreal Holocaust
Memorial Museum
Secondary IV Othello



"I'll turn it off if you
don't stop singing!"

Secondary IV Ottawa



Clubs





BOOK CLUB

Katherine Chamandy, Cassandra Jones,
Bernice Law, Pascale Nguyen, Sarah
Attallah, Claudia Belliveau

Teacher: Ms. Arella



LOYOLA SKI

Kyrstin Coughlin, Sarah Benoit, Alison Barwick, Meredith Burke, Stephanie Christodouloupoulos, Maria Eberle, Taylor Gormley, Emily Horonowitsch, Christina Paolucci, Jessica Sadko, Cynthia Snell

Teachers: Mr Pagé and Mme. Talbot

ENVIRONMENT

**Cassandra Kouremenos, Caitlin Kilmar-
tin, Cynthia Snell, Maria Eberle, Gabrielle
Colacci, Victoria Di Valerio, Pauline Bel-
liveau, Eleni Panaritis, Julia Chadwick.**

Teacher: Mr. Laperle



ART

Myriam Zakaib, Pamela Khouri, Maria Power,
Claudia Di Salvatore, Kimberley Marks-Beaubrun,
Kathleen Brown-Vandecruys, Laura Griffin,
Chelsea Thompson Quartz, Amanda Petropoulos,
Leeza Girolami, Victoria Di Valerio, Esmé Tous-
saint, Kelsey-Hope Patrick

Teacher: Ms. Gendron



YOGA

So many people took part in the yoga club this year. We learned many breathing techniques, relaxation methods and tips for a healthier lifestyle. Namaste!

Teachers: Ms. Raco and Ms. Macnamara



JR DEBATING

Amanda Larosa, Candice Law, Bernice Law, Pascale Nguyen, Sarah Atallah, Claudia Belliveau

Teacher: Ms. Arella

PHOTOGRAPHY

Victoria Brand, Elisabeth Dimitratos, Despina Xanthoudakis, Mélanie Romer, Sarah Attardo

Teacher: Ms. Gendron



CITIZENSHIP BEE

Jennifer Palermo, Cassandra Kouremenos, Alexandra Lewyckij, Kyrstin Coughlin, Rachel Levesque, Sarah Turcotte, Gabriella Michetti, Elizabeth Bureau, Laura Delucilla, Kristen Di Perno, Stephanie Bordonaro, Allison Coull, Luana Zappitelli, Ashley Hagan, Claudia Di Salvatore, Kela Chamandy- Cook, Alexina McLeod

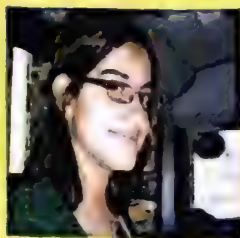
Teachers: Mr. Laperle, Mr. Matusky and Mr. Gallo





JUNIOR BAND

Amanda Alessi, Alexa Bedik, Maya Botti, Sarah Camacho, Katherine Chamandy, Gabriella Courey, Diana Di Paolo, Katricia Durham, Mireille Forget, Isabella Girardi, Ashley Hagan, Hannah Hyde- De Sousa, Cassandra Jones, Thea Koper, Elena Kratsios, Emily Kyte, Emma Kyte, Elyana Lafrance, Amanda Larosa, Rebecca Lefebvre, Pamela Mannarino, Sara Mannarino, Lauren Maruya- Li, Caitlin Matthew, Alexina McCleod, Victoria Mili, Betthany Mount, Marina Prezlusio, Deidra Robertson-Chois, Angelina Smolyneec, Joanna Tsotas, Laurine Verwiel, Nina Zampogna Techer: Ms. Hartropp



LITURGICAL CHOIR

Lisa Alinauskas, Sarah Attardo, Brigid Roberts, Claudia Di Salvatore, Victoria Di Valerio, Leeza Girolami, Rajitha Iadurai, Tatiana Kalantzis, Caitlin Kilmartin, Maria Kyres, Ashley Lanni, Charlotte Le Fèvre, Caitlin Matthew, Tamara Morrison, Elena Motivans, Jessica Munro, Sarah Murphy, Vanessa Paliotti, Laura Predan-Chauvin, Claudia Pulice, Chelsea Russo, Pranavy and Vysnavy Sabaratnam, Alexandra Snell, Cynthia Snell, Kylie Sura, Esmé Toussaint, Gina Tsotas, Natasha Vitale
Teacher: Ms. Martel

VOCAL ENSEMBLE

Lisa Alinauskas, Sarah Attardo, Jennifer Baratang Junio, Victoria Di Valerio, Ashley Farthing, Rajitha Iadurai, Tatiana Kalantzis, Cassandra Kouremenos, Ashley Lanni, Vanessa Paliotti, Kelsey-Hope Patrick, Victoria Perrotta, Claudia Pulice, Jessica Roumeliotis, Chelsea Russo, Pranavy and Vysnavy Sabaratnam, Alex Snell, Gina Tsotas, Cassandra Travaglini, Esmé Toussaint

Teacher: Ms. Martel



SPELLING CLUB

Pascale Nguyen, Nadia Floriani
Teacher: Ms. McIvor



CLUBS CLUBS CLUBS CLUBS CLUBS CLUBS CLUBS CLUBS CLUBS CLUBS

Amanda Arella (Editor), Alessia Di Giorgio (Layout Editor), Christina Paolucci, Emily Horonowitsch, Nina Toia, Hanieh Zargham (Art Editor), Norah Woodcock, Rachel Rubbo, Sofia Masari, Pauline Belliveau, Victoria Perotta, Elena Motivans, Julijana Benc

Lisa Alinauskas, Sarah Attardo, Gabrielle Bucaya, Nadia Floriani, Gina Tsotas, Leia Pengelley, Natasha Vitale, Emily Pimental, Stefanie Covello, Chelsea Russo

A group of students, likely members of the church choir or a similar group, are performing in a church sanctuary. They are seated in rows, holding sheet music. A large wooden cross is mounted on the wall behind them. To the right, a stained glass window is visible. The students are dressed in formal or semi-formal attire.

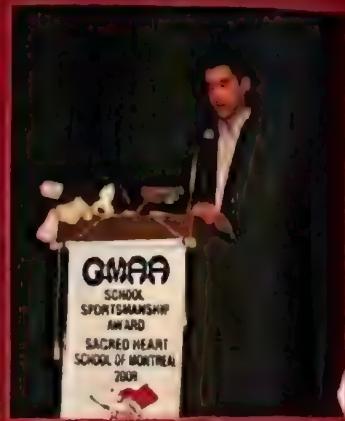
Sarah Benoit, Alexandra Lewyckyj, Gabrielle Bucaya, Nadia Floriani, Bernice Law, Pascale Nguyen

Lisa Alinauskas, Amanda Arella, Sarah Attardo, Alison Barwick, Sara Botting-Provost, Erin Brown-Vandecruys, Kathleen Brown-Vandecruys, Gabrielle Bucaya, Amanda Cordeiro, Stefanie Covello, Angela Di Benedetto, Cristina Di Censo, Elizabeth Dimitriatos, Maria Loren Eberle, Nadia Floriani, Leeza Girolami, Taylor Gormley, Teresa Griffin, Joy Kalafatidis, Chrisina Kontaxis, Corina Micheletti, Alexia Mitchell, Leia Pengelley, Emily Perry, Emily Pimental, Claudia Pulice, Chelsea Russo, Hannah Ryan, Melanie Sivapalan, Melissa Spatolisano, Chelsea Thompson Quartz, Esmé Toussaint, Gina Tsotas, Kayla Vecera, Natasha Vitale Teacher: Ms. Hartropp



CLUBS CLUBS CLUBS CLUBS CLUBS CLUBS CLUBS

SPORTS BANQUET 09



We would like to take this opportunity to extend our thanks to Mrs. Cumming for her continued devotion throughout her many wonderful years here. Although it is with a heavy heart that we say goodbye, she truly deserves to take some time for herself after all she has done for us. Mrs. Cumming, we wish you only the best for your retirement. You have truly left your mark and Sacred Heart will miss you tremendously!

SPORTS



S

S is for :
SAINTS

O

O is for :
OFFENSE

C

C is for :
COURAGE

C

C is for :
CHAMPIONS

E

E is for :
ENTHUSIASM

R

R is for :
REWARD



GMAA BANTAM

Isabella Arduini, Valeria Cori-Manocchio, Gabriella Courey, Catherine D'Ambrosio, Sarah Harris-Gendron, Katherine Drummond, Elyana Lafrance, Catherine McDonald, Amanda Marino, Adrianna Mauchan, Kayleigh Metcalfe, Maria Power, Sara Pulice, Stefany Sacchetti, Erica Starnino

Coach: Mrs. Cumming
Assistant Coach: Ms. Dyer



PRIVATE SCHOOL BANTAM

Amanda Alessi, Claudia Belliveau, Diana Di Paolo, Claudia Di Salvatore, Thea Koper, Caitlin Matthew, Victoria Mili, Sarah Murphy, Marina Preziuso, Hannah Ryan, Claudia Salvo, Victoria Sarker,

Christina Scalia, Larissa Serafin, Angelina Smolynec, Angie Vlogiannitis
Coach: Ms. Vaupshas



MIDGET

Andrea Abreu-Moore, Jessica Colavincenzo, Sara-Chanel Del Papa, Meagan Coleman, Laura Delucilla, Soraya Sanchez-Dias, Kimberly Fontes, Lauren Goforth, Amanda Hindley, Gabriella Michetti, Kathleen O'Keefe, Emily Pimentel, Claudia Pulice, Chloe Sorella, Melissa Spatolisano, Cynthia Snell, Sarah Yaremko

Coach: Mr. Gallo
Assistant Coach: Mr. Matusky



JV

Amanda Cardillo, Alex Cerulli-Kanellopoulos, Morgana Clarke, Kyrstin Coughlin, Kimberly Dextras-Romagnino, Carina Di Tomaso, Lauren Farmer, Amanda Jeanson, Elizabeth McDonald, Clare O'Donnell, Gabriela Padvaiskas, Kathleen Paradis, Jessica Lauren Sadko, Michelle Saikali, Joanna Santos, Zoe Vlogiannitis

Coach: Mr. Griffin

Volleyball

BANTAM

Jessica Abreu-Moore, Victoria Alescio, Kayla Cabanas, Jasmina Ciccocioppo., Lisa-Marie Giorgio, Pamela Khoury, Jessica Laurendeau, Charlotte Le Fèvre, Kimberley Marks Beaubrun, Pascale Nguyen, Kylie Sura, Sara Tagliamonti



Coaches: Mr. Piazza & Mr. Page

MIDGET

Jenna Albanese, Sarah Berretta, Sarah Botting-Provost, Cassidy Burke, Amanda Cordiero, Elyssa Gentile, Christine Horonowitsch, Julia Martignetti, Jessica Sicoli, Melanie Sivalan

Coach: Ms. Lecuyer



JUVENILE

Aline Asfour, Alexandra Bergeron, Kelly Guy, Emily Horonowitsch, Christina MacDougall, Tamara Morrison, Leia Pengelley, Stephanie Rafie, Chelsea Russo

Coach: Mr. Page



SOFTBALL

Julijana Benc, Alice Brais, Erin Brown-Vandecruys, Kathleen Brown-Vandecruys, Victoria Di Valerio, Katie Kotar, Alexia Mitchell, Vanessa Paliotti, Christina Paolucci, Ashlan Phillips, Nicole Tieman, Sarah Turcotte, Taylor Wright-Connors

Coaches: Ms. Brown & Mr. Reda



Softball

BASKETBALL



BANTAM

Valeria Cori-Manocchio, Catherine D'Ambrosio, Jessica Delucilla, Gabriella D'Onofrio, Alexandra Gentile, Amanda Marino, Michelle Mariani, Olivia Mariani, Adrianna Mauchan, Catherine McDonald, Kayleigh Metcalfe, Deidra Robertson-Chois, Hannah Ryan, Lauren Samo

Coach: Mrs. Cumming

Assistant: Sophie Grigoropoulos

MIDGET

Kathleen Brown-Vandecruys, Sara-Chanel Del Papa, Laura Delucilla, Kathleen Di Caprio, Kristen Di Perno, Kimberly Fontes, Lauren Goforth, Teresa Griffin, Amanda Hindley, Stephanie Rafie, Melanie Sivapalan, Chloe Sorella



Coach: Ms. Lecuyer

JUVENILE

Rebecca Catellier, Kyrstin Coughlin, Kimberly Dextras-Romagnino, Lauren Farmer, Virginie Lombardi, Elizabeth McDonald, Alexia Mitchell, Clare O'Donnell, Gabriela Padvaiskas, Michelle Saikali, Joanna Santos, Taylor Wright-Connors



Coach: Mr. Griffin

SWIMMING

SEC I: Olivia Bouskill, Alice Brais, Adèle Brawley, Emily Dikranian, Leona Glau-demans, Sarah Harris-Gendron, Claudia Naccache, Kelly McCulloch, Charlotte Le Fèvre, Anthea Saviolidis

SEC II: Jessica Abreu-Moore, Sarah Murphy, Kylie Sura

SEC III: Victoria Brand, Kathleen Brown-Vandecruys, Leeza Girolami, Rachel Lévèsque

SEC IV: Alison Barwick, Joy Kalafatidis, Luana Zapitelli

Coach: Ms. MacIntosh



SWIMMING

RUNNING

CROSS COUNTRY RUNNING

Taylor Gormley, Alison Barwick, Sarah Benoit, Kylie Sura, Erika Gentile, Alexandra Gentile, Norah Woodcock, Emily Kyte, Maya Botti, Emily Dikranian, Karyah Foster, Gina Tsotas, Kristina Fryml, Maria Eberle

Coach: Mme Belfort & Mme Talbot



CROSS-COUNTRY SKIING

BANTAM: Sofia Massari, Anthea Saviolidis, Sarah Atallah, Myriam Zakaib, Katherine Drummond, Sara Pulice, Alexa Eberle, Evelyn Chadwick

MIDGET: Cristina Di Censo, Elizabeth Bureau, Melanie Romer, Maria Eberle, Emily Perry, Vyisnavy Sabaratnam, Gabrielle Colacci, Pauline Belliveau, Aliyah

Rahman, Gina Tsotas, Claudia Pulice, Julia Chadwick, Alison Barwick, Katie O'Keefe, Taylor Gormley

Coach: Mme Talbot

BADMINTON

BANTAM: Sarah Camacho, Catherine McDonald, Candice Law, Rebecca Lefebvre, Vivian Luong, Lauren Maruya-Li, Brigid Roberts, Hannah Ryan, Claudia Salvo, Angelina Smolynec

MIDGET: Cassidy Burke, Teresa Griffin, Lauren Goforth, Bernice Law, Rachel Lévesque, Pascale Nguyen, Vanessa Paliotti, Chelsea Russo, Chloe

Sorella

JUVENILE: Erin Brown-Vandecruys, Meredith Burke, Garima Chopra, Rajitha Iyadurai, Katie Kotar, Tamara Morrison, Kathleen Paradis, Laura

Predan-Chauvin, Taylor Wright-Connors

Coaches: Mr Pagé & Mrs. Cumming



GOLF

Bernice Law, Sarah Murphy, Amanda Hindley, Sophie Cruvellier

Coach: Mr. Pagé

GOLF

FOOTBALL



BANTAM

Jessica Abreu-Moore, Valeria Cori-Manocchio, Catherine D'Ambrosio, Katherine Drummond, Alexandra Gentile, Sarah Harris-Gendron, Teresa Griffin, Adriana Mauchan, Catherine McDonald, Kayleigh Metcalfe, Emma Pallay, Claudia Salvo, Lauren Samo, Stefany Sacchetti

Coaches: Mr. Cumming & Mr. Reda

Assistant: Mrs. Cumming

MIDGET

Sarah Yaremko, Kathleen Di Caprio, Chloe Sorella, Melanie Sivapalan, Laura Delucilla, Stephanie Rafie, Eleni Diacoumicos, Kimberly Fontes, Kela Chamandy-Cook, Kristen Di Perno, Lauren Goforth, Sara-Chanel Del Papa, Cynthia Snell, Vanessa Paliotti

Coaches: Mr. Gallo & Ms. Lecuyer



JUVENILE

Rebecca Catellier, Alison Barwick, Melissa Walsh, Clare O'Donnell, Gabriela Padvaiskas, Alexia Mitchell, Elizabeth McDonald, Carina Di Tomaso, Lauren Farmer, Kimberly Dextras-Romagnino, Alexandra Cerulli-Kanellopoulos, Kyrstin Coughlin, Michelle Saikali

Coach: Mr. Pagé

HALO ROAD RACE



HALO ROAD RACE

Olivia Bouskil, Adele Brawley, Jessica Delucilla, Alexandra Gentile, Maris Jacobs, Monica Sapala,

Georgia Di Salvatore, Alisha Florio, Claudia Salvo, No

Skotarczyk, Kylie Sura, Georgia Therriault

Kathleen Brown-Vandecruys, Kimberly Fontes, Rachel Lévèsque, Kathleen O'Keefe,

Alison Barwick, Sarah Benoit, Julia Chadwick, Morgana Clarke, Jessica Colavincenzo, Stephanie Covello, Victoria Di Valerio, Maria Eberle, Taylor Gormley, Emily Perry, Cynthia Snell, Gina Tsotas, Luana Zappitelli,

Alex Cerulli-Kanellopoulos, Jennifer Palermo

Coach: Ms. MacIntosh

TRACK AND FIELD



TRACK AND FIELD

Alice Bruis, Evelyn Chadwick, Jessien Delneffla, Claudia Di Salvatore, Erica Gentile, Maris Jacobs, Lauren Maruya-Li, Esmé Panarello, Larissa Serafin, Nina Zampogna, Hannah Ryan, Alison Barwick, Kathleen Brown-Vandecruys, Jessien Colavincenzo, Stephanie Covello, Kristen Di Perno, Eleni Diacoumenos, Vanessa Piliotti, Adrienne

Silva, Melissa Spatolisano, Erin Brown-Vandecruys, Spencer Orenti, Taylor Wright-

Connors, Hanieh Zargham

Coach: Mme Belfort

TENNIS

BANTAM: Deidra Robertson-Chois, Hannah Hyrle de Sousa, Charlotte Le

Fèvre, Honey Griffin, Emily Kyte, Alexina McLeod, Emma Kyte

MIDGET: Morgana Clarke, Michelle Saikali, Aline Asfour, Stephanie Rafie,

Teresa Griffin, Claudia Lucente, Gabriella Michetti

JUVENILE: Kathleen Paradis, Taylor Gormley, Eleni Panaritis, Cassandra

Kouremenos, Samantha Côté, Fabiana Ghaleb, Michelle Zakem

Coach: Mme Morrisseau

STUDENT



Amanda Khoury



We are so happy about what you have accomplished at Sacred Heart. All the best for this fall in CEGEP.

Love,
Mom, Dad, Mike,
and Lauren

"WE CAME,
WE SAW,
WE CONQUERED!"
GRADS OF '09

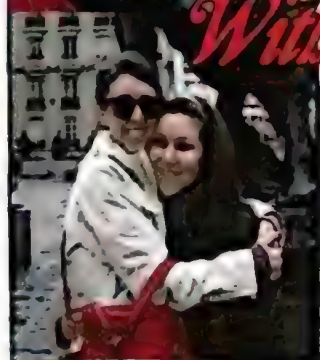
Zoe Vlogiannitis



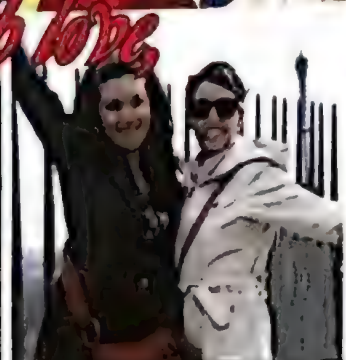
CONGRATULATIONS

Zoe, words cannot describe how proud we are of your Sacred Heart accomplishments. You have blossomed into a beautiful, confident, independant and responsible young woman. Always remember, dream very big, believe in yourself and never quit no matter what! We love you,

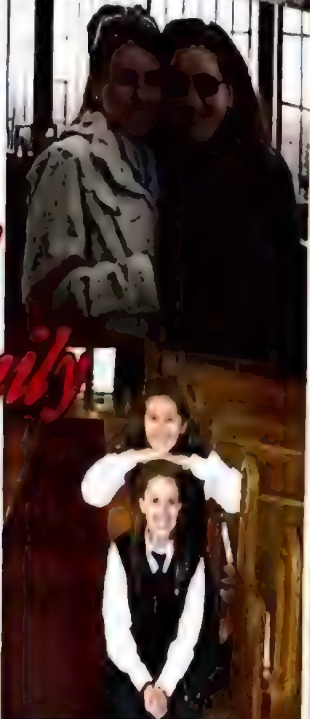
Mom, Dad and Angie



With Love



*Queen
Aleemily*



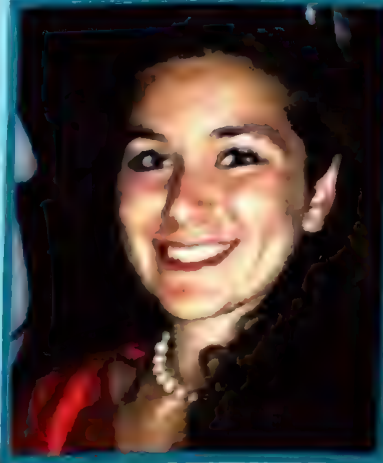
Stephanie Christodouloupoulos



Dearest Stephanie,
Every day you bring joy and a smile to us and to all who have the pleasure of knowing you. We could not be more proud of you and your accomplishments. You have become a great student and a wonderful person both in and out of school. Good luck at Marianopolis. Life will have many wonderful things in store for you! Love,

Mom, Dad and Gregory

Alessia Di Giorgio



Alessia, we are extremely proud of your multiple academic honours, excellence in Faculty Scholars and Science projects, creativity as yearbook editor and great passion in all you do. You are a phenomenal high school graduate! We are excited for your future. We wish you faith in your own capabilities, and know, whatever path you choose, we love you.

Rebecca, Daddy and Mommy

Spencer Orcutt



We are so proud of you. Never lose your fun, loving spirit and open personality. All the best for your future endeavors.

Love,
Dad and Mom

Rachelle Motter



Nous sommes très fiers de toi pour ce que tu as accompli et surtout pour ta graduation. Tu es une personne extraordinaire qui aime et prendre soin des gens qui t'entourent. Nous sommes vraiment chanceux de t'avoir.

Maman, Papa, Sharleen et Frank

Morgan Orcutt



We are very proud of you and all your accomplishments. We wish you happiness and success in your future endeavors.

All our love,
Dad and Mom

Lia Borsellino



Lia, you've grown in every way beyond our expectations. These last years are the beginning of the best years to come! We wish you success and happiness in all your adventures. We are so proud of you.

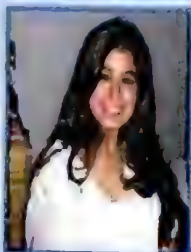
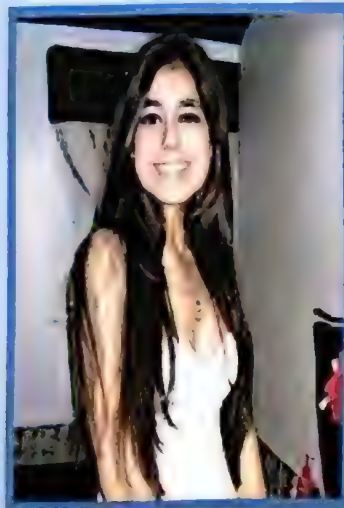
With all our love,
Daddy, Mommy & Franco

Sarah Segal



Sarah, over the years you have blossomed and become a beautiful young lady. Keep on smiling and remain true to yourself. Your strong life force is your true strength in all you do... stay forever young in your heart. Your loving family,
Mom, Dad, Dahlia and Justin

Chrysten Newton



Your attitude and determination have always been positive and extremely infectious—they sculpt your very existence. When we look into your eyes we see a determined, beautiful, confident young lady working hard towards her goals. We are so proud of you. Remember this always: you are a strong, personable young lady. "The world is your oyster, reach out and grab it." Best of luck with all future endeavours. Love always,

Mom, Dad & Kylie



FRANK J. MOTTER
President

FJM
FRANK J. MOTTER
CONSTRUCTION

www.fmotter.com

2109 de la Province
Longueuil, Qc J4G 1S6

Tel: (450) 679-7766
f.motter@fmotter.com

Congratulations to the Graduating Class of 2009



From the Parents' Guild

Amanda Arella



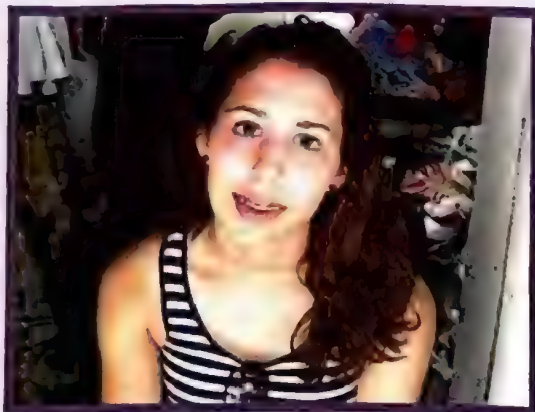
Believe, Work Hard, Achieve

You always believed that anything was possible if you worked hard enough. We are so proud, not only of your many accomplishments, but of the person you are becoming. Keep your vision, your determination and your good heart, and success will inevitably follow.

All our love,

Mom, Dad and Alex

Gabriela Padvaiskas



Congratulations on your graduation. We are proud of everything you have achieved over the past five years. You are a wonderful, genuine person and a constant source of joy to us. Follow your dreams – we know you will find success. Love,

Mama, Papa & Sophia

Borden Ladner Gervais
is proud to support
the graduating class of
The Sacred Heart School
of Montreal.

John Murphy

Managing Partner, Montreal Office

jmurphy@blgcanada.com



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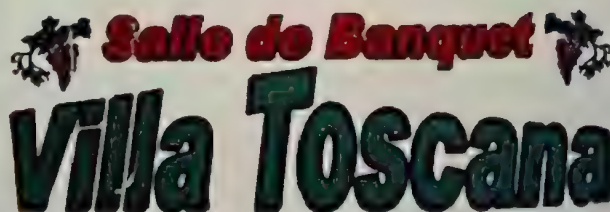
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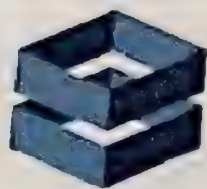


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Salvatore Russo



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*To the graduating
class of 2009,*

*We wish you the strength
to face your challenges and
the wisdom to enjoy life.*

In Loving Memory
~
Carmen Antonini

"A good teacher is like a candle - it consumes itself to light the way for others." ~Author Unknown



Teacher, Colleague, Friend

"A teacher's purpose is not to create students in her own image, but to develop students who can create their own image." ~Author Unknown

08-09 [®]



Full 152.0

Job Seeker Information



**Mineral Sources - Sources Under
Product group that are mineral based,
containing minerals and complex used in the
design of products from the body have given
to mineral containing it is built in the body
organism. (Source: WHO, 1990)**

CLOSED
AVALANCH
DANGER

▼ In January 2009, after both engines fail due to ingesting birds, US Airways Flight 1549 ditches in New York's Hudson River. All 155 passengers and crew members are saved, thanks to the skill and courage of pilot Chesley B. "Sully" Sullenberger.

L'Acadien II capsizes: Sealers drown

STEWART/ALAN ROBERTS/CP PHOTO
Somers 1
Content under last 10 minutes



'Miracle on the Hudson'

GARY LUTHE/CP PHOTO/Reuters/Landov



CANADA and the WORLD

Goodbye Debby

CP/WFP/AM Apotus

Government apology

Global Recession

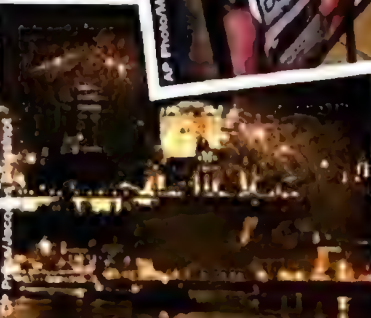


No conversation is worth a ticket or your life.

PUT THE PHONE DOWN

▼ Michael McCain, President and CEO of Maple Leaf Foods launched a massive recall of his company's products which may be linked to the deadly bacterium *Listeria Monocytogenes* (Listeriosis). Twenty-six deaths and another 29 suspected cases across Canada are assumed to be associated with the outbreak.

The Forks: World's Longest Skating Trail



Quebec's 400th birthday

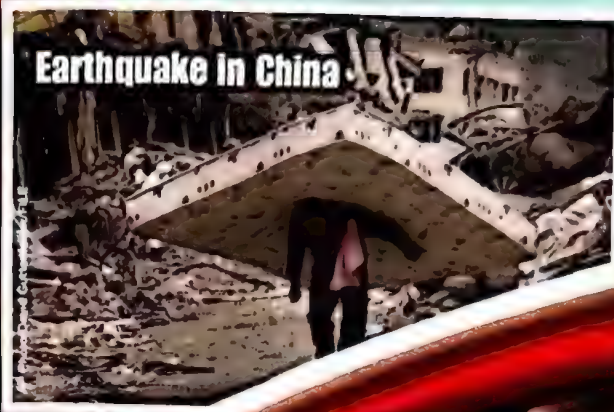
Dear Customers

All recalled Maple Leaf products have been removed from our Deli Counter.

For more information call
1-877-467-2462
Maple Leaf Customer Service: 1-800-561-7801



CP/Winnipeg Free Press/K. Gagliardi



Earthquake in China

CP Photo/Reuters



CP Photo/Reuters



CTV buys song rights

China's tainted milk

AP Photo

CP Photo/Reuters

1933-2009
CP/JP Macleod



Moscow International Conference on Ensuring Delivery of Russian Gas Supplies to Consumers in Europe

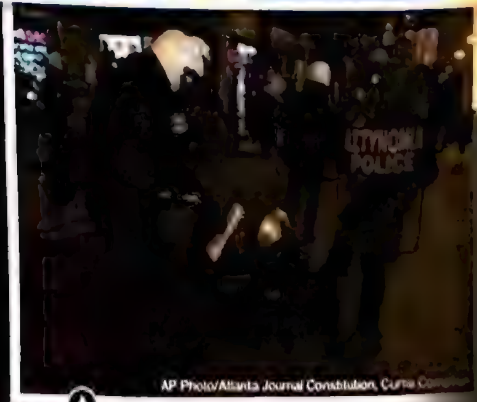
AP Photo

A 40-year-old man is charged after a young man was stabbed and decapitated on a Greyhound bus on route to Winnipeg.

CP Press/John Woods



CP Photo/Press Quest



AP Photo/Atlanta Journal Constitution, Curtis Compton



Support Our Canadian Soldiers

CP Press/Press Ontario



Riots break out in Athens, Greece and quickly spread across the country and Baltic States after a student is killed by Police.



▶ Barack Obama makes history as the first African-American to win the presidency of the United States. The former Illinois senator promises an era of change that captures the imagination of the world.

Electoral Votes

Obama	365
McCain	173

Obama Wins

2008: A Year

Arizona senator, John McCain, wins the Republican nomination for president and names Alaska Governor, Sarah Palin as his running mate. Palin is the Party's first female nominee for vice president.



Celebrations Around the World



Obama's Cabinet nominations

REUTERS/Andriy



In January 2009, president-elect Obama attends the ultimate power lunch in the White House, meeting and getting advice from President Bush as well as former Presidents George H. W. Bush, Bill Clinton and Jimmy Carter.

Getting prepared for office

REUTERS/LAMARCA/REUTERS/Andriy



In Politics

A Second Term for Harper

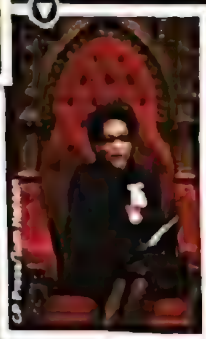


After an unprecedented constitutional drama, a federal election is called and on November 14, 2008 Stephen Harper secures a second minority government.

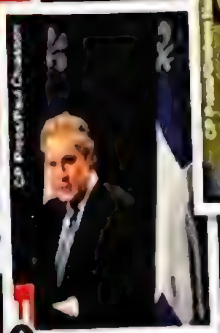


NDP leader Jack Layton, Liberal leader Stéphane Dion and Bloc leader Gilles Duceppe sign a coalition in an effort to replace the minority Conservative government.

Gov. Gen. Michaëlle Jean grants Prime Minister Harper's request to suspend (prorogue) Parliament.



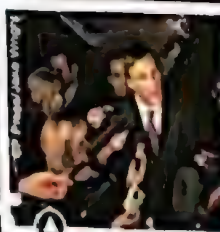
Michael Ignatieff replaces Stéphane Dion as federal leader of the Liberal Party.



Jean Charest becomes the first Quebec premier in more than half a century to win three consecutive mandates.



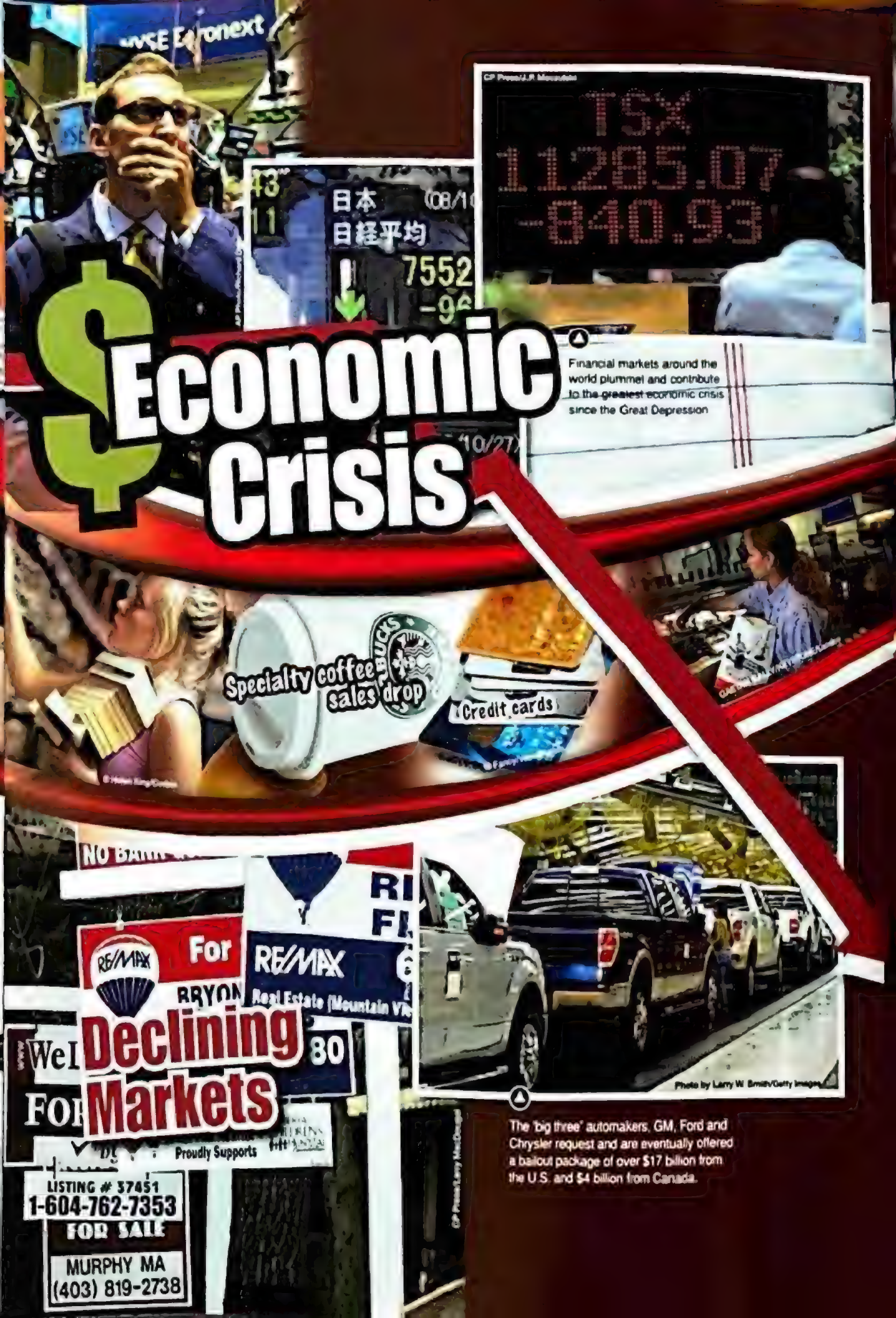
59.1% of Canadians voted in the Federal Election, the lowest since 2004. Only 56.5% of voters cast ballots in Quebec's provincial election.



Foreign Affairs Minister Maxime Bernier resigns over a security breach involving classified NATO documents left at the home of former girlfriend, Julie Couillard.



Barack Obama follows a presidential tradition and heads to Canada for his first international visit.



日本 (08/10)
日経平均
7552
-94

GP Photo/J.R. Macauliffe

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Financial markets around the world plummet and contribute to the greatest economic crisis since the Great Depression

Specialty coffee sales drop

Credit cards

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Declining Markets

We

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The 'big three' automakers, GM, Ford and Chrysler request and are eventually offered a bailout package of over \$17 billion from the U.S. and \$4 billion from Canada.

GOING OUT OF BUSINESS



Many retailers are forced to file for bankruptcy or go out of business. The number of consumer bankruptcies in Canada soared 50.6% from a year earlier. While bankruptcies were filed across the nation, Alberta was among the highest with a 108% increase in filings.



Teens work part-time

Gas prices up and down

PETRO-CANADA

Full 152.0

CP PHOTO: Adrian Brown

LOTTERY TICKET CENTRE



CP Photo: Wayne Stewart

In October, the loonie falls to 77.26 U.S.; it's lowest since September, 2004.



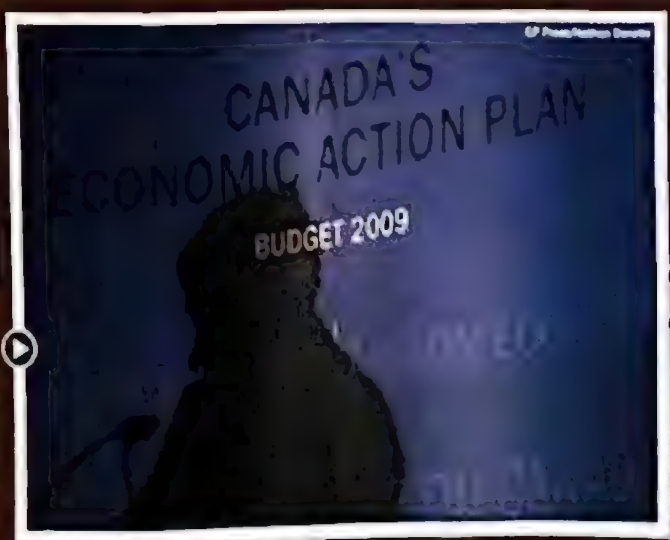
Family time increases

CP Photo: G. Calverton/Standard



AP/Marcio Jose Sanchez

Unemployment rate hits 26-year high in January 2009



CP Photo: Nathan Phillips

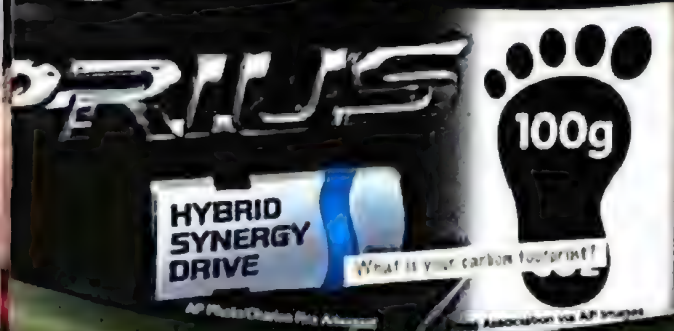
Due to high rates of unemployment and overall hard economic times, sociologists report that families are spending more time at home, resulting in an increased quality of family life. Canadian food prices rose 7.4% in November, the largest hike since 1986.

Finance Minister Jim Flaherty presented a spending blueprint that projects almost \$85 billion in deficits by 2013; Canada's first deficit in 11 years.

Changing our World

Reusable bags

Environmentally-conscious consumers use items such as reusable cloth shopping bags and Klean Kanteen water bottles that don't leak harmful chemicals like BPA



K. McLaughlin@autoshare.com

Car sharing companies across Canada are becoming a popular choice for environmentally aware consumers who require periodic access to vehicles without the cost of ownership

Tight money and high gas prices push auto manufacturers to investigate super fuel efficient and electric cars. The Chevrolet Volt is an early contender and the tiny "Smart" car is already on Canadian roads



Chevy Volt

© Car Culture/Corbis

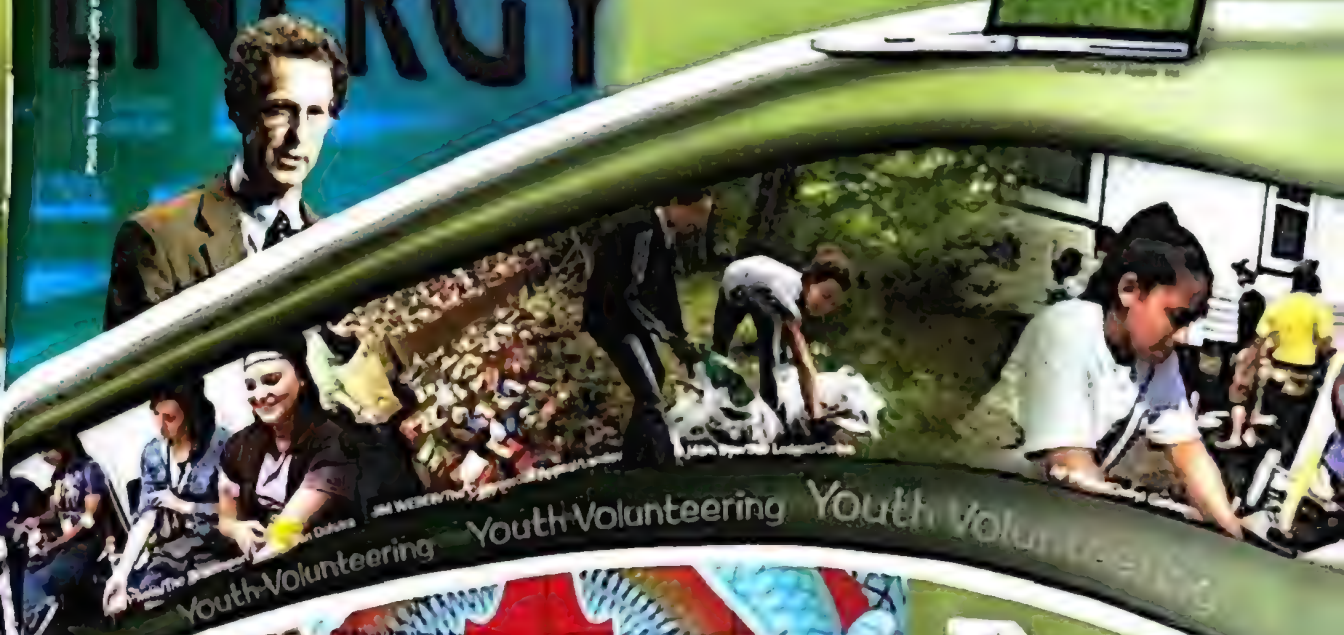
CLEAN ENERGY



In September, Google and General Electric partner to develop clean technologies. Modernizing the national electric grid to enable wider deployment of wind, solar and geothermal energy will be an early priority.



Environmentally Friendly MacBooks



Youth-Volunteering Youth-Volunteering Youth-Volunteering



Mark Make/Getty Images



The green cleaning movement gains momentum nationally as environmentally safe non-toxic cleaning products are used in many homes, as well as provincial and city institutions.



Brad Pitt launches the "Make It Right" project to build 150 green sensitive new homes in the New Orleans Lower 9th Ward, which was destroyed by Hurricane Katrina. Pitt contributes \$5 million to the project.

Models and Olympic athletes showcase the first-ever collection of eco-friendly apparel for Canadian athletes at the Beijing Games. Designers at the Hudson's Bay Company created the clothing with earth-friendly materials such as bamboo, organic cotton and cocona, a substance derived from coconuts.



CP Photo/Jeff McIntosh



There are approximately 85 wind farms currently in operation across Canada. A typical modern turbine will produce enough electricity to meet the annual needs of about 500 homes.

Summer Olympics

The Beijing 2008 Summer Olympics showcase some of the most amazing performances in Olympic history.



American swimmer Michael Phelps makes Olympic history with eight gold medals. Phelps sets three world records in his five individual wins.



Usain Bolt

Fastest man EVER!

Sports



The Olympic Opening Ceremony



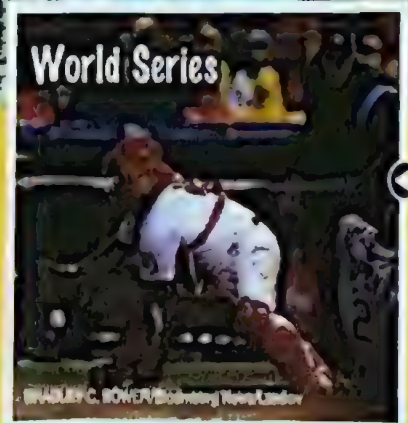
Tiger Woods



Eric Lamaze



Red Wings win 2008 Stanley Cup



World Series

The Philadelphia Phillies win their second World Series with a five game victory over the Tampa Bay Rays



Team Canada celebrates their 5-1 victory over Sweden. This is the 5th gold medal in a row for Canada at the IIHF World Junior championships



▶ Canadian men's eight rowing team win gold at the Olympics in Beijing on August 17, 2008

Carolyn Huynh

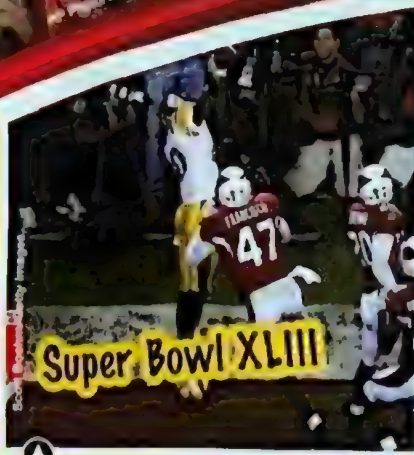


Alexandre Despatie

Chantal Petitclerc

Jeffrey Buttle

Padraig Harrington



Super Bowl XLIII

▶ MVP Antonio Holmes makes a tip-toe catch in the corner of the end zone with 35 seconds remaining to lead the Pittsburgh Steelers past the Arizona Cardinals 27-23 in Super Bowl XLIII



▶ The Calgary Stampeders celebrate their win against the Montreal Alouettes at the 96th CFL Grey Cup in Montreal



Vanier Cup

Team Martin defeats Scotland 6-3 at the 2008 Men's World Curling championship in Grand Forks, N.D



▶ Team Jones defeats China 7-4 at the gold medal game at the Women's World Curling Championship in Vernon, B.C.



▶ Jimmie Johnson captures the NASCAR Sprint Cup championship for the third straight year in his famous #48 Lowe's Chevrolet Impala SS



Boston Celtics
2008
NBA
Champs

Stephenie Meyer's runaway best-seller, *Twilight*, becomes a hit movie starring Robert Pattinson and Kristen Stewart as Edward and Bella.

May 1998-May 2000 NBC/Courtesy: Everett Collection

Tina Fey

Nick and Norah's
Infinite Playlist

© Sony Pictures Imagery/Event Collection

Entertainment

GREEK

Reality TV

Grey's Anatomy

THE KODAL GEAR

*The Curious Case
of Benjamin Button*

Slumdog Millionaire

At the 81st Academy Awards, *Slumdog Millionaire*, a surprise entry from India about teen life in Mumbai wins 8 awards while Brad Pitt's *The Curious Case of Benjamin Button*, about a man who ages backwards, took two of the coveted statuettes.



MTV spins off the reality show *The Hills*, following *Laguna Beach* star Lauren Conrad and her friends to Los Angeles.

Everett Collection



Canadian actress Shenae Grimes from *Degrassi: The Next Generation* is cast in the role of Annie Wilson in *90210*.



Australian Heath Ledger, in his last film role as the Joker in the Batman epic *The Dark Knight*, wins a posthumous Golden Globe as well, the Academy Award for Best Supporting Actor.

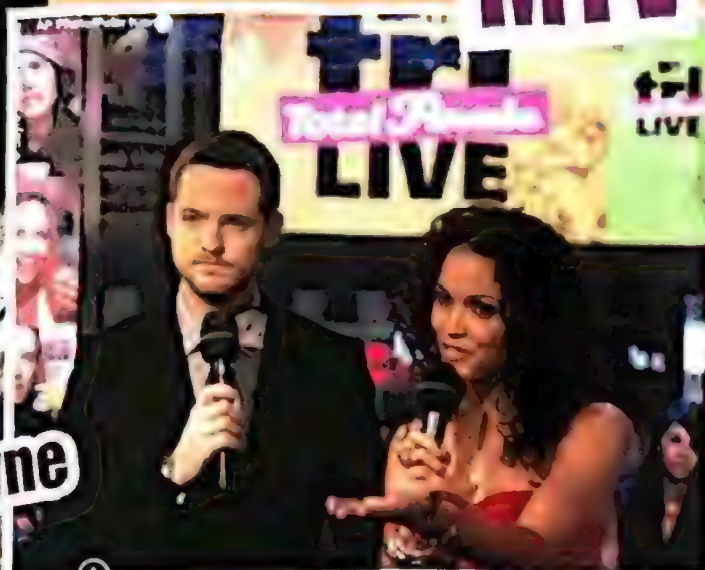
Paul Blart: Mall Cop

Bedtime Stories



▶ Rapper Lil' Wayne takes home four Grammys, including Rap Album of the Year for *The Carter III* and Best Rap Song

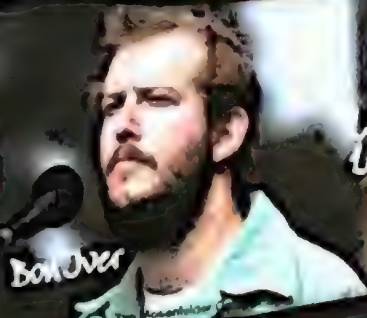
MTV



Lil' Wayne

▶ Due to low ratings, MTV's flagship show *Total Request Live* shuts down in November after a 10-year run

Music



Leona Lewis



Fall Out Boy



▶ Britney Spears rebounds from years of personal challenges with her fifth No.1 album, *Circus*. She becomes the only act in Nielsen SoundScan history to have four albums that debut with 500,000 or more copies sold



▶ R&B singer/songwriter Ne-Yo brings out his third album, *Year of the Gentleman*, which debuts on the Billboard 200 at No. 2. The album garners six Grammy nominations

Beyonce'



Ne-Yo

AP Photo/Peter Krumer



Jessie Farrell accepts the Female Artist of the Year at the 2008 Canadian Country Music Awards in Winnipeg on September 8, 2008.



Classic Rock



Taylor Swift

Fox's American Idol adds a fourth judge to the popular show. Grammy nominated songwriter Kara DioGuardi joins regular panelists Randy Jackson, Paula Abdul and Simon Cowell.



David vs. David



Rocker David Cook, with 58 percent of the fan votes, beats balladeer David Archuleta in the 2008 finals of Fox's American Idol.



**242242
cha cha**

① Texting becomes the new writing. Teens everywhere learn to dole out information in keyboards and insert a new language of abbreviations and signs.



② **Digital TV**

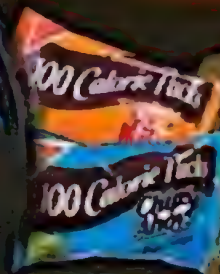
The U.S. converts from analog to digital TV despite the fact that many Americans are not ready to make the switch. Canada's Office of Consumer Affairs (OCA) announces that after August 31, 2011 all analog televisions will require a converter box.

Social Networking



Lifestyle

Slippers to wear every day



Argyle & plaid



Big Sunglasses

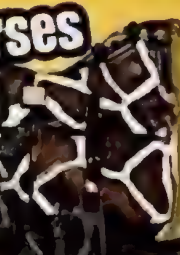


③ Top style trends this year include baggy pants, oversized sunglasses, designer purses, black nail polish and plaids.

Black Nail Polish



Designer Purses & Shoes



jostens



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THE SACRED HEART SCHOOL OF MONTREAL

2009